Breast Mass	Referral Guide: Page 1 of 1	**Surgery**

Diagnosis/Definition:

Palpable mass within the breast tissue. May be related to or caused by a variety of conditions or diseases.

Initial Diagnosis and Management:

History of the mass: length of time present, growth, pain
Breast history: pain, nipple discharge, previous biopsies
Personal history: date of menarche, age at first child, history of estrogen use, family history of breast cancer, last menstrual period/ Post menopausal
Physical exam to include: cervical, supraclavicular, axillary lymph nodes, and bilateral breast exam
Imaging: Mammogram and ultrasound age >30 years
Ultrasound only <30 years

Ongoing Management and Objectives:

Indications for Specialty Care Referral:

Mass present on mammogram or ultrasound
Palpable mass with negative imaging ➔ consider referral to benign breast clinic

Test(s) to Prepare for Consult:	**Test(s) Consultant May Need To Do:**
Mammogram Ultrasound	Biopsy of the mass

Criteria for Return to Primary Care:

Revision History: Created **Revised**

Disclaimer: Adherence to these guidelines will not ensure successful treatment in every situation. Further, these guidelines should not be considered inclusive of all accepted methods of care or exclusive of other methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding the appropriateness of any specific procedure, therapy, or referral must be made by the physician/provider in light of all circumstances presented by an individual patient.