

<b>Compression Neuropathy</b>	Referral Guide: Page 1 of 1	<b>Ortho</b>
<b>Diagnosis/Definition:</b>  Compression neuropathy upper extremity carpal or cubital tunnel.		
<b>Initial Diagnosis and Management:</b>  Physical exam RX, splint and behavior modification, anti inflammatories for 2-4 weeks, Vitamin B6.		
<b>Ongoing Management and Objectives:</b>  If symptoms are not improving in (1) month refer to surgery or if not completely resolved in 3-4 months refer to surgery.		
<b>Indications for Specialty Care Referral:</b>  Persistent numbness, tingling, pain and weakness.		
<b>Test(s) to Prepare for Consult:</b>  <b>Emg &amp; NCV thyroid studies not needed.</b>	<b>Test(s) Consultant May Need To Do:</b>  EMG & NCV X-ray.	
<b>Criteria for Return to Primary Care:</b>  Symptoms gone following surgery symptoms not due to compression neuropathy.		
<b>Revision History: Created</b> <span style="float: right;"><b>Revised</b></span>		

**Disclaimer:** Adherence to these guidelines will not ensure successful treatment in every situation. Further, these guidelines should not be considered inclusive of all accepted methods of care or exclusive of other methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding the appropriateness of any specific procedure, therapy, or referral must be made by the physician/provider in light of all circumstances presented by an individual patient.