

Shoulder Dislocation	Referral Guide: Page 1 of 1	Ortho
Diagnosis/Definition: Displacement of humeral head from glenoid fossa.		
Initial Diagnosis and Management: H&P, Plain X-ray, Axillary is critical to diagnosis.		
Ongoing Management and Objectives: Early mobilization with PT. Full activity (10) weeks.		
Indications for Specialty Care Referral: Hill-Sachs-osteochondral impaction injury to posterior – lateral humeral head. Bankart lesion – avulsion of anterior-inferior glenoid. Recurrent dislocations. Neuro or vascular compromise.		
Test(s) to Prepare for Consult: Plain x-ray.	Test(s) Consultant May Need To Do: Apprehension/relocation tests. Impingement tests. Neuro-vascular exam. MRI	
Criteria for Return to Primary Care: Resolution of instability.		
Revision History: Created		
Revised		

Disclaimer: Adherence to these guidelines will not ensure successful treatment in every situation. Further, these guidelines should not be considered inclusive of all accepted methods of care or exclusive of other methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding the appropriateness of any specific procedure, therapy, or referral must be made by the physician/provider in light of all circumstances presented by an individual patient.