Judith Shlay, MD, MSPH, Receives Lifetime Achievement Award for Dedication to Adolescent Health

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Contact: Jennifer Fine, 303-602-3583

DENVER, CO – Judith Shlay, MD, MSPH, a family medicine physician and associate director of Denver Public Health, recently received the Kathleen Ann Mullen Memorial Award from the Rocky Mountain Regional Chapter Society for Adolescent Health and Medicine (RM-SAHM) for her outstanding contributions to the field of adolescent health in the Rocky Mountain Region.

“Dr. Shlay has had a long and distinguished career with a commitment to adolescent health,” said Megan Miccio, RM-SAHM president. “Her exceptional contributions impact the most high-need youth in Colorado. She constantly works to empower and strengthen youth and improve their lives. Not only is she an outstanding clinician, but she is also an exuberant teacher, author and presenter.”

Dr. Shlay is nationally known for her adolescent health research and award-winning projects on teen pregnancy prevention, reproductive health, STD and HIV prevention, tobacco prevention and immunizations.

Her achievements were recognized at RM-SAHM’S Spring Banquet on April 30.

Dr. Shlay received her medical degree from Rush Medical College in Chicago, Illinois and has been a physician with Denver Health since 1987.

About Denver Public Health
Denver Public Health provides a wide range of services that evaluate, promote and protect the health and well-being of the residents of Denver and beyond. Denver Public Health monitors the health of Denver and responds to disease outbreaks and other emergencies, as well as works with many partners to prevent health problems by decreasing injury, preventing tobacco-related illnesses and promoting health eating and active living. Clinical services include: STD screening and treatment, family planning, immunizations, tuberculosis screening and care, birth and death records, and HIV/AIDS care.

About the Kathleen Ann Mullen Award
The Kathleen Ann Mullen Award is "For Outstanding Contribution to the Field of Adolescent Health in the Rocky Mountain Region." The Award is named in honor of Kathy Mullen, PNP, an exceptional adolescent caregiver at the Denver Health Eastside Teen Clinic for 15 years and a very active RM-SAHM member, who died of breast cancer in 1996.