Denver Health midwives provide care at three clinic locations.

To schedule an appointment call 303-436-4949.

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Eastside Family Health Center
Women’s Care Clinic
501 28th Street
Denver, CO 80205

Westside Family Health Center
Women’s Care Clinic
1100 Federal Boulevard
Denver, CO 80204

Women’s Care Clinic at Denver Health
Denver Health
Main Campus - Pavilion C
790 Delaware Street
Denver, CO 80204

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Denver Health midwife clinic services include:

- Well woman care and Pap test
- Family planning and birth control
- Disease prevention and treatment
  - Sexually transmitted disease checks, infection treatment
- Menopausal care
- Prenatal care
- Postpartum care

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Midwives
At Denver Health
Midwife philosophy
Midwives provide care based on the philosophy that pregnancy and childbirth are natural, healthy, life events. A midwife supports pregnancy, labor and birth with as little intervention as possible. Mothers receive education, encouragement, and reassurance during their pregnancy and birth experience. If desired, the support of a midwife can help you avoid pain medicine or an epidural during labor.

Midwives at Denver Health
You can choose to see midwives for your prenatal care. Denver Health midwives collaborate and consult with obstetricians to make sure all your prenatal care needs are met.

When labor starts and you come to Denver Health Hospital, you will be evaluated by a compassionate, skilled midwife in the OB Screening Room, a special place just for pregnant patients.

You can also request a midwife during your labor and delivery. Our midwives are highly qualified and work with obstetricians who are always available should an emergency arise. Midwives are trained to recognize and manage complications. They partner with Denver Health physicians to ensure the best care for mothers and babies.

Many Denver Health midwives speak both English and Spanish. They will support you to ensure your delivery is personalized to your needs. Denver Health midwives will also help mothers with breastfeeding and postpartum care.

What can I expect from a midwife during delivery?
1. Respect and personal attention
   - Gentle, nurturing care that respects you, your family, your beliefs and decisions
   - Education and care to help you make the best decision for you and your body

2. Confidence in your body
   - Individualized care and natural childbirth
   - Drinking and eating in labor to stay energized
   - Support for doing the work of giving birth
   - Skin to skin contact with your healthy baby to promote bonding right away
   - Postpartum care and breastfeeding support

3. Natural techniques for coping with labor pain
   - Midwives provide many options such as:
     ◊ Staying with you in labor
     ◊ Massage
     ◊ Relaxation and breathing techniques
     ◊ Water therapy
     ◊ Freedom to move
     ◊ Use of a birthing ball
     ◊ Alternative delivery positions

What is a certified nurse midwife?
Certified nurse midwives support women in labor, deliver babies and provide a full range of primary health care services to women, including family planning services, prenatal and postpartum care, and routine gynecological checkups. Midwives are advanced practice health care professionals trained and certified in both nursing and midwifery. They care for women of all ages.

Denver Health midwives deliver over 1,000 babies each year.