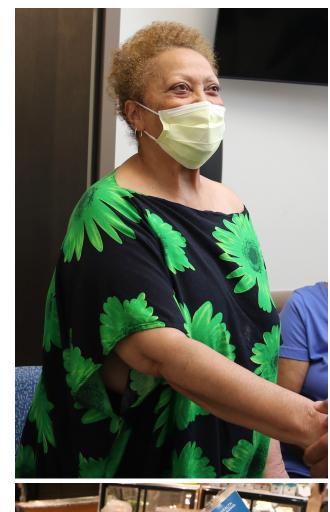


# DENVER HEALTH'S

The week's most critical information delivered to your inbox. Thursday, October 6, 2022

Breast Cancer Awareness Month kicks off at Denver Health



October is Breast Cancer Awareness Month, a time to remind everyone about the importance of getting regular screenings for breast cancer. Patrice Branch is a longtime Denver Health patient who recently had a mammogram at Denver Health's Breast Imaging department, on the fifth floor of the Outpatient Medical Center. Because she got her regular screening, Denver Health Chief of Breast Imaging Dr. Randy Miles was able to catch a small cancer in her breast, which led to a successful surgery and now Branch is expected make a full recovery. Watch Branch's patient story video here.

Throughout the month of October, the Good Day Café will be selling heart-shaped pink and blue cookies at a discounted price of \$1 to build awareness about the importance of breast cancer screenings. The cookies have stickers with information on how to make an appointment for a mammogram and a QR code linking to Denver Health's Breast Imaging website for more information on our services. Appointments for breast cancer screenings at Denver Health are available within a week, with scheduling available up to 60 days out. Denver Health patients can make an appointment through their MyChart accounts or by calling 303-389-1207.

Learn more

#### CEO Donna Lynne gets mammogram to raise awareness

This week, CEO Donna Lynne made time to get a mammogram at Denver Health, even letting camera crews tag along to help spread awareness about the importance of getting screened. Donna had the pleasure of working with Dr. Randy Miles, chief of Breast Imaging, and his team. She said they were truly delightful.



#### Watch here





Our new CEO has been on a nearly nonstop tour of Denver Health's myriad departments, clinics, programs and buildings to better understand our health care system, and along the way, she's encouraging teams and employees to continue reaching out and speaking with her.

This week alone, Donna visited the Center for Addiction Medicine, Pavilions A and C, ACUTE Center for Eating Disorders, the Center for Equity, Diversity and Opportunity, Webb Clinics (internal medicine, pediatrics and dental), and joined a meet-and-greet with medical staff. Next week Donna tours the Downtown Detention Center and the Family Health Centers at Westside, Eastside, Lowry, La Casa/Quigg Newton, Park Hill, Montbello and Westwood.

### STAY INFORMED

2023 Employee Benefits Open Enrollment runs through Oct. 19

Open Enrollment is now live and runs through Wednesday, Oct. 19. This is the time to enroll or change your benefit plans, enroll in voluntary benefits, add or drop dependents from your plans, and enroll in a medical or dependent care Flexible Spending Account (FSA) for 2023. The 2023 Employee Benefits Guide, Benefits Plan Summary, instructions on how to enroll and a schedule of open enrollment information tabling events are all available on the Pulse. More information is also available on the virtual benefits fair website.



Learn more

#### Get your flu shot by Nov. 1



All Denver Health employees, contractors, volunteers, residents and students (including those who work from home) are required to receive a flu vaccination or have an approved exemption by Nov. 1. There is one remaining on-campus employee flu vaccination clinic on Wednesday, Oct. 12, from 8 a.m.-noon at 601 Broadway, room 408. All employees must pre-register, including those vaccinated offsite, those who request exemptions and those who work from home. Employees can also receive their flu vaccination on a walk-in basis at the COSH clinic on the seventh Floor of the OMC Monday-Friday between 7 a.m.-4:30 p.m. Documentation of offsite flu vaccinations, medical declinations or religious exemptions must be received by Friday, Oct. 14.

Learn more

### YOUR VOICE MATTERS

#### Employee Engagement Survey open through Oct. 12 The Employee Engagement Survey is open through Oct. 12

and is offered in both English and Spanish. Please fill out the survey before it closes, and remember, your answers are confidential. Employees hired before June 30 can access the survey through the provider survey link or staff survey link, or by scanning the QR codes displayed on posters around campus. If you need technical assistance, email hdesk@pressganey.com or call 1-800-849-2292, option 1. Each week, employees who complete the survey will be entered into a drawing for swag giveaways.



## RECOGNIZING YOU

'Casts' on dolls help kids feel comfortable with healing process Medical assistant Kareem Zeitawi puts a matching

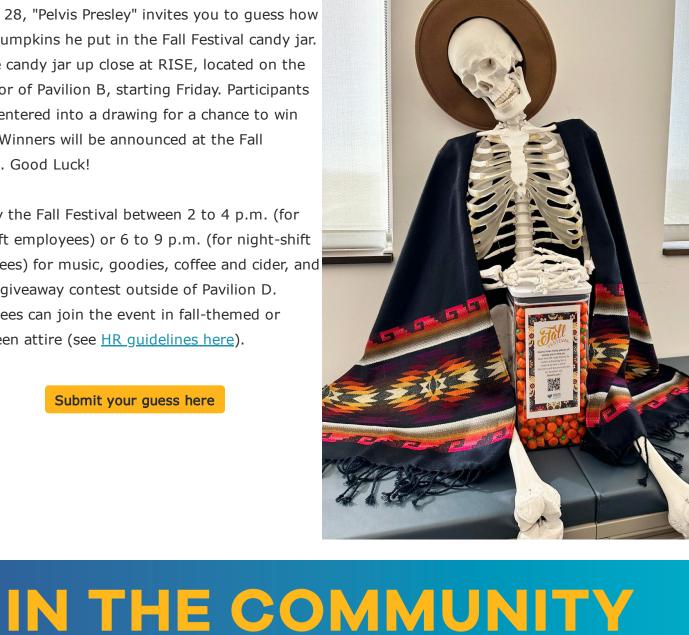


"cast" on a doll for Layla McAndrew, 5, who fractured her forearm after falling off a slide. Kareem has been a medical assistant for seven years, all at Denver Health, including with the Orthopedics department for the past five years. He said his favorite parts of his job are "seeing the healing process" and putting casts on dolls to help children feel more comfortable with theirs. Thanks for all you do, Kareem!

#### on Oct. 28, "Pelvis Presley" invites you to guess how many pumpkins he put in the Fall Festival candy jar.

See the candy jar up close at RISE, located on the first floor of Pavilion B, starting Friday. Participants will be entered into a drawing for a chance to win prizes. Winners will be announced at the Fall Festival. Good Luck! Stop by the Fall Festival between 2 to 4 p.m. (for day-shift employees) or 6 to 9 p.m. (for night-shift

employees) for music, goodies, coffee and cider, and a swag giveaway contest outside of Pavilion D. Employees can join the event in fall-themed or Halloween attire (see <u>HR guidelines here</u>). Submit your guess here



#### National awareness and recognitions October is Domestic Violence Awareness Month, and Denver Health is proud to offer resources to the community, including through our partnership with the Rose Andom Center.

October is LGBTQ+ History Month, and National Coming Out Day is Tuesday, Oct. 11. Denver Health's

LGBTQ+ Health Services and LGBTQ+ Employee Resource Group, PRISM, are committed to offering welcoming health care and support for our employees and community.

Denver area to celebrate. Is there a department that you'd like us to recognize during a special week or month? Let us know in

Hispanic Heritage Month continues through Oct. 15, and there are events happening throughout the

an Employee Outreach Request form and we'll spotlight them in the 411.

School of Medical Laboratory Science virtual info session Oct. 12

#### The Denver Health School of Medical Laboratory Science is offering an informational session on Wednesday, Oct. 12 at 5 p.m. via Zoom. The School of MLS is a full-time, 11-month post-baccalaureate certificate program offered on the Denver Health campus. Pre-requisite courses are required to apply. If

accepted, tuition is charged. The next available class begins in January 2024 and the application deadline is June 15, 2023. Contact Program Director Joan Polancic at joan.polancic@dhha.org for the link to the informational session. Learn more New kiosk in Pavilion C serves fresh blended drinks



Oct. 12: Employee Flu Vaccination Clinic

smoothies and vegan coffee frappes. The kiosk is next to the Fresh Vending Machines (old discharge lounge). It is open 24/7 and uses cashless payment. Bleni is a great way to start your day or pick up your afternoon. October Oct. 14: Deadline to submit flu vaccination exemptions

Food and Nutrition Services has added a Bleni

Blends kiosk in Pavilion C that serves real fruit

Oct. 12: Employee Engagement Survey deadline Oct. 19: Employee Benefits Open Enrollment ends Oct. 12: School of Medical Laboratory Science info session

Oct. 28: Employee Fall Festival **CLICK HERE** FOR A PDF VERSION OF THIS NEWSLETTER.

Submit content for consideration in the Weekly 411 through the employee outreach

SUBMIT A REQUEST TO THE request form here. Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct **WEEKLY 411** spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.



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