

Bariatric Surgery for BMI 30-34.9

- Current guidelines based on NIH consensus guidelines from 1991
 - Based on expert opinion with no updates in 30 years
- Recent Position Statements supporting bariatrics in class I obesity
 - ASMBS 2018; Diabetes Surgery Summit II: endorsed by 53+ worldwide organizations and incorporated into the ADA standards of care in diabetes
 - 11 reviews and meta-analyses, 12 RCTs (several with 5 year follow up data) all supporting the benefits in class I patients with comorbidities, particularly type II diabetes.
- Some insurance companies are starting to cover (none yet in Colorado)
 - Many programs (including in Denver) are offering a cash pay option.