

JANUARY – JUNE 2023



Behavioral Health Services

COUNSELOR TRAINING PROGRAM

Addiction (CAC) Certification • Domestic Violence Treatment Provider • National Gambling Certification
Treating Sexual Perpetrators • Corrections Workshops

NBCC (National Board for Certified Counselors) &
NAADAC (The Association for Addiction Professionals) Accreditation

Phone: (303) 436-3570 Fax: (303) 436-4023

Email: BHSTraining@dhha.org
www.denverhealth.org/bhstraining



DENVER HEALTH

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FOR LIFE'S JOURNEY

TRAINING OFFERED BY DENVER HEALTH

Welcome to the Behavioral Health Services Counselor Training Center at Denver Health. As one of the oldest and most trusted training facilities in the area, we offer many classes to meet specific requirements for both Colorado and national counselor certifications, as well as continuing education for professional development. As derived by the competencies created by OBH, all required classes seek to enhance the ability of the counselor to offer treatment services in a manner that respects gender, race and ethnicity, sexual orientation, cultural, familial, systemic, and socioeconomic diversity.

We look forward to working with you!

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**Effective January 1,
2023
all courses will be
taught in person**

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JANUARY - JUNE 2023 CALENDAR

JANUARY

19-20 DV: LGBTQ Counseling Issues
 23-24 Advanced Treatment Models
 25-27 Principles of Addiction Treatment
 30-31 Ethical Practice in Addiction Treatment
 30-31 Advanced Pharmacology

FEBRUARY

13-14 Clinical Supervision I
 13-14 Culturally Informed Treatment
 16-17 Treating Diverse Populations
 16-17 Trauma Informed Care
 22-24 Addiction Counseling Skills
 27-28 Cognitive Behavioral Therapy

MARCH

1-3 Principals of Addiction Treatment
 6-7 Advanced Professional and Ethical Practice
 6-7 Case Conceptualization and Documentation
 9-10 Advanced Motivational Interviewing
 13-14 Pharmacology I
 17 DV: Understanding Personality Clusters
 20-21 Clinical Supervision II
 27-29 Group Counseling Skills
 27-28 Co-Occurring Disorders
 31 Relationship "Tango"

APRIL

3-5 Addiction Counseling Skills
 3-4 Advanced Case Conceptualization
 6-7 Infectious Diseases in Addiction Treatment
 21 DV: Anger Management
 24-25 Cognitive Behavioral Therapy
 24-26 Motivational Interviewing
 27-28 Advanced Treatment Models

MAY

1-3 Principals of Addiction Treatment
 2-3 Advanced Motivational Interviewing
 4-5 Culturally Informed Treatment
 8-9 Treating Diverse Populations
 10 Family and Teen Counseling Issues
 11-12 Ethical Practice in Addiction Treatment
 15-16 Trauma Informed Care
 15-17 Clinical Supervision I
 18-19 Advanced Pharmacology

JUNE

1-2 Case Conceptualization and Documentation
 5-6 Advanced Professional and Ethical Practice
 5 Decision Making
 6 Professional Updates
 8-9 Clinical Supervision II
 19-21 Addiction Counseling Skills
 26-28 Motivational Interviewing
 29-30 Co-Occurring Disorders



January 2023

S	M	T	W	T	F	S
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February 2023

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March 2023

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April 2023

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May 2023

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June 2023

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OFFICE OF BEHAVIORAL HEALTH COUNSELOR CERTIFICATION TRAINING REQUIREMENTS

For more information, please contact

BHS Training Center (303) 436-3570 or BHSTraining@dhha.org

CAT-CERTIFIED ADDICTION TECHNICIAN

High school diploma/GED

1000 hours of supervised work experience

3 hours of clinical supervision* per month for full time work

- 21 hours Addiction Counseling Skills
- 14 hours Case Conceptualization and Documentation
- 21 hours Principles of Addiction Treatment
- 14 hours Ethical Practice in Addiction Treatment
- 14 hours Culturally Informed Treatment
- 14 hours Trauma Informed Care
- 14 hours Pharmacology I
- 21 hours Motivational Interviewing
 - Prerequisite is Addiction Counseling Skills
- 21 hours Group Counseling Skills
 - Prerequisite is Addiction Counseling Skills

Applicant must also pass the National and Jurisprudence Examination.

CAS-CERTIFIED ADDICTION SPECIALIST

Bachelor's Degree in a Behavioral Health Science

2000 hours of supervised work experience beyond the CAT
(total 3000 hours for CAS application)

3 hours of clinical supervision* per month for full time work CAT training plus:

- 14 hours Advanced Case Conceptualization
 - (Prerequisite is Case Conceptualization and Documentation)
- 14 hours Cognitive Behavioral Therapy
- 14 hours Co-Occurring Disorders
- 14 hours Advanced Pharmacology
 - Prerequisite is Pharmacology I
- 14 hours Advanced Professional and Ethical Practice
 - Prerequisite is Ethical Practice in Addiction Treatment
- 14 hours Advanced Motivational Interviewing
 - Prerequisite is Motivational Interviewing
- 14 hours Advanced Treatment Models
- 14 hours Treating Diverse Populations
- 14 hours Infectious Diseases in Addiction Treatment
- 21 hours Clinical Supervision I
- 14 hours Clinical Supervision II
 - Prerequisites are Advanced Motivational Interviewing and Clinical Supervision I

Applicant must also pass the National and Jurisprudence Examination.

LICENSED ADDICTION COUNSELORS (LAC)

As of January 1, 2007, pursuant to C.R.S. 24-34-107, a person may be eligible/apply for a licensure (LAC) if he/she meets the following:

- A. Hold a valid certificate (in good standing) of addiction counseling, Level III or meet all requirements of addiction counseling Level III (see Section 14.500 for specific requirements); and,
- B. Possess a master's degree or higher degree in the social sciences or an equivalent program from a regionally accredited institution (see Section 14.600, B, 2).
- C. Pass a national examination administered by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) or by the successor of that organization. The examination must have been taken after the master's degree (used for licensure) has been conferred. The examination required for licensed addiction counselor shall be the NAADAC/National Board for Certified Counselors (NBCC) Masters Addiction Counselor examination.

CREDITS & APPROVAL

OBH, DORA, Domestic Violence, NAADAC, and/or NBCC state and/or national recognition is indicated for each course listing. OBH/DORA approval categories for Certified Addiction Counselor (CAC) are CAT, CAS, and Licensure. Our courses meet respective CAC requirements and are denoted by *, **, while others are approved as continuing education.

OBH - Office of Behavioral Health (303)866-7400 or visit their website at <https://cdhs.colorado.gov/behavioral-health/workforce-development> information.

DORA - Department of Regulatory Agencies (303)894-7766 or visit their website at <https://dora.colorado.gov/> for more information. To check on a CAC application, or to ask questions regarding college equivalency, please call (303) 894-7756.

Domestic Violence courses at BHS Training are offered to meet the Colorado Provider Requirement. The DVOMB (Domestic Violence Offender Management Board) does NOT pre-approve classes at any facility. For more information, including requirements and application information, visit their website at <https://dcj.colorado.gov/training> or contact them at (303)239-4442.

NAADAC (The Association for Addiction Professionals) has approved our courses under Education Provider #000114 for NCAC I, II, and MAC. www.naadac.org. See CAAP for NCAC II Test Registration (Course Test Out procedure).

NBCC BHS Training is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events (or programs) that meet NBCC requirements. Sessions (or programs) for which NBCC-approved clock hours will be awarded are identified in the program bulletin (or in the catalogue or web site). The ACEP is solely responsible for all aspects of the program." ACEP # 5944

IMPORTANT INFORMATION

Contact: Phone (303)436-3570, Fax (303)436-4023, Email: BHSTraining@dhha.org . Training office hours are 7:30AM-4:00PM, Monday – Friday.

Class information: All classes are held from 8:00AM-4:30PM. Students must be in class during that time. Students are asked to arrive on time to their classes. Students cannot come late or leave early and still receive OBH credit or a monetary credit, under any circumstances.

Payment and cancellation information: Full payment is required at the time of course registration. If a student needs to cancel a class, written documentation must be sent 7 days prior to class in order to receive a full refund. Cancellations made after those 7 days might be issued a credit at the discretion of the training department. If a student fails to cancel class before the class begins, there will be no credit issued under any circumstances. Due to limited class size: Addiction Counseling Skills, Advanced Motivational Interviewing, Clinical Supervision 1, Clinical Supervision 2, and Group Counseling Skills have a no refund/credit policy.

Registrations: Registrations are accepted on a first-come, first-serve basis. Some courses have maximum capacity. All classes have a minimum enrollment requirement in order for the class to proceed. Should minimum enrollment not be met, the class will be cancelled, and the student will be notified within approximately business days of the class start date. In this instance, the student will be fully refunded, or he/she may elect to enroll in another class. Refund processing takes 3-4 weeks and requires a SSN or Tax ID number to be processed. No exceptions can be made to these requirements.

Location: The BHS Training Center is located in downtown Denver on the second floor of the Denver CARES building at 1155 Cherokee Street (two blocks south of the City and County Building). Parking (pay lots) are available one-quarter block north on both sides of the street. Please see the map at the back of this brochure for locations. There is some street parking available, however, it is limited. Early arrival is recommended for students wishing to utilize this option.

College Credit: Please visit DORA's website at <https://drive.google.com/file/d/15yL0rbw1UESqnCNJIGpRsnDX7JOT4lFf/view> or contact a DORA representative at (303)894-7800 for information regarding college credit and/or college equivalency. DORA is the only organization approved to evaluate college course work. The BHS Training Department does not evaluate courses for college credit.

Financial Aid: Unfortunately, we do not offer financial aid at our facility. However, we do welcome scholarships, providing that the check is made payable to BHS Training (Behavioral Health Services). Please contact us if you have questions regarding this process at (303) 436-3570.

*You may also check for financial assistance with either the Division of Vocational Rehabilitation, or the Colorado Department of Labor and Employment (WIA – Workforce Investment Act funding). BHS Training is an approved training provider with both organizations. Our approved provider name for WIA is COTNHBC (Program name 530203). Please note that both organizations, as well as their availability of financial funding, will vary depending on the county in which you live.

OBH/DORA REQUIRED CAC AND ELECTIVE COURSES

(* and **) denotes class meets OBH/DORA CAC required course category

ADDICTION COUNSELING SKILLS*

21 Hours: Meets OBH CAT requirement, Domestic Violence, NBCC & NAADAC
Date(s): February 22-24, 2023
April 3-5, 2023
Cost: \$200
Time: 8:00AM-4:30PM
Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS
Thea Wessel, LPC, LAC, MAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged.

Addiction Counseling Skills is considered part of the “Core Curriculum” and basic to the foundational training of an addiction counselor. The purpose of this class is to provide a framework and counseling model for working with clients with substance misuse and addiction. The focus of this course is to teach the counseling skills needed to help clients process their information and move toward the change process. The models utilized are client-centered, counselor-directed therapy along with motivational spirit of counseling. Recording and feedback will assist the participants in developing a standard level of counseling skills proficiency.



ADVANCED CASE CONCEPTUALIZATION**

14 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC
Date(s): April 3-4, 2023
Cost: \$160
Time: 8:00AM-4:30PM
Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS
(Pre-requisite is Case Conceptualization and Documentation)

Client motivation and commitment to treatment begins with the assessment and diagnostic phase that typically occurs at intake. This course will consider the differences between screening and assessment and use of assessment instruments. The class will consider the components of the clinical assessment such as a biopsychosocial interview, assessing risk for self-harm, identifying cultural needs and supports, problem domains, determining stage of readiness for change and strengths of the client. Determining diagnosis utilizing the DSM 5 and resulting level of care for the client will be discussed using the ASAM Criteria. Stages of treatment and systems of care will be covered along with facets of treatment planning.



ADVANCED MOTIVATIONAL INTERVIEWING**

14 Hours: OBH CAS requirement, Domestic Violence, NBCC & NAADAC
Date(s): March 9-10, 2023
May 2-3, 2023
Cost: \$160
Time: 8:00AM-4:30PM
Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS
Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Motivational Interviewing)

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged.

The training is designed to assist the counselor to develop and practice skills to assist clients to identify and strengthen intrinsic motivation for positive change. This is an advanced course in Motivational Interviewing so it is expected that the participant will be able to demonstrate the foundational MI skills by conducting a client interview using the OARS and responding to no-change talk (resistance). The format will be interactive and experiential in nature.

Participants will be afforded an opportunity to obtain focused practice and will receive individualized feedback regarding their MI skills with student and trainer ratings.

ADVANCED PHARMACOLOGY **

14 Hours: Meets OBH CAS requirement, Domestic Violence, Continuing Education, NBCC & NAADAC
Date(s): January 30-31, 2023
May 18-19, 2023
Cost: \$160
Time: 8:00AM-4:30PM
Trainer(s): Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Pharmacology I – strictly enforced)

Advanced Pharmacology will explore the neuro-biological basis of addiction and how addictive drugs produce neurochemical changes in the brain's reward pathway. It will also explore new technologies for treatment and prevention based on brain science. Additionally, functional changes to the brain and the brain's ability to recover after exposure to drugs of abuse, medical problems associated with substance abuse, and the use of pharmacological assists in recovery will be discussed.

Welcome to BHS Training
at Denver Health!

Focused on providing
exceptional customer service

ADVANCED PROFESSIONAL AND ETHICAL PRACTICE**

14 Hours: Meets OBH CAS requirement, Continuing Education, NBCC & NAADAC
Date(s): March 6-7, 2023
June 5-6, 2023
Cost: \$160
Time: 8:00AM-4:30PM
Trainer(s): Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Ethical Practice in Addiction Training)

This course will provide participants with a comprehensive introduction to ethical and risk management issues related to addiction treatment and services. Topics will include OBH licensing rules; OBH behavioral health rules and regulations; practice standards and guidelines; DORA and the Mental Health Practice Act; the purpose of and the need for written policies and procedures; professional competencies, boundaries and ethical relationships; reporting violations; employee drug testing; liability insurance; clinical versus administrative supervision; the ethical delivery of culturally responsive care and trauma-informed care; and the need for a professional self-care plan.

ADVANCED TREATMENT MODELS**

14 Hours: Meets OBH CAS requirement, NBCC & NAADAC
Date(s): January 23-24, 2023
April 27-28, 2023
Cost: \$160
Time: 8:00AM-4:30PM
Trainer(s): Tracy Hutchinson, LPC, MAC, CAS

Advanced Treatment Models is designed to provide an overview of the specialized models of counseling for behavioral health environment that provide services to co-occurring mental health and addiction interventions. The purpose of this class is to provide information and instruction into those advanced models so that clinical supervisors will have the basic knowledge required to provide adequate support and supervision for these models. The focus of this course is to teach the structure, purpose, appropriate population, and practice details of each model that is covered in the training.

CASE CONCEPTUALIZATION AND DOCUMENTATION*

14 Hours: Meets OBH CAT requirement, NBCC & NAADAC

Date(s): March 6-7, 2023
June 1-2, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

This class is designed to provide the counselor with an understanding of the clinical record and the continuum of client care that the record documents and tracks. The class presents screening, basic assessment and evaluation, substance use disorder diagnostic criteria, ASAM patient placement criteria, introduction to treatment planning, progress note completion, documentation requirements and basic referral and discharge planning. It emphasizes the confidentiality of the client record and includes releases of information, mandatory disclosure, and informed consent among others.

CLINICAL SUPERVISION I**

21 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): February 13-14, 2023
May 15-17, 2023

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This training is designed to help a counselor learn the models of supervision and tools necessary to use as a standard of supervision practice. In this course the counselor will be exposed to supervision that is tailored to the supervisee's developmental level of experience. Ethical supervisory practices, including supervision contracts and work verification practices, will be discussed. Videotaping and feedback will assist the counselors in developing a standard level of supervisory skills proficiency.



BHS Training offers all courses required for CAT & CAS certification, as well as a flexible schedule

CLINICAL SUPERVISION II**

14 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): March 20-21, 2023
June 8-9, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

(Pre-requisites are Clinical Supervision I and Advanced Motivational Interviewing)

The aim of this training is to teach clinicians and other service providers who already have acquired MI skills, and who have or will have a supervisory role, how to observe and coach their supervisees in the proper application of these skills in diverse and integrated care environment. MITI 4.2.1 (Motivational Interviewing Treatment Integrity Coding Manual 4.2.1 is a template provided by MINT (<https://motivationalinterviewing.org/motivational-interviewing-resources>) for training supervisees to use MI in joining and engaging the client and improving client commitment to treatment during and following screening and assessment. Using the framework of this scoring and feedback technique, training participants will practice effective coaching and supervisory skills to help team leaders, managers, and supervisors work with their staff to incorporate their MI skills more often and consistently. There will be an emphasis on MI interview rating systems and general interview rating etiquette. Participants will discuss how to use feedback to coach supervisees, practical guidelines for MI supervision, how to code in a manner that enhances clinical supervision and implementation considerations.

COGNITIVE BEHAVIORAL THERAPY**

14 Hours: Meets OBH CAS requirement, NBCC & NAADAC

Date(s): February 27-28, 2023
April 24-25, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS
Thea Wessel, LPC, LAC, MAC

CBT is an evidenced-based treatment and is foundational to the addiction treatment field. Participants will learn the theoretical foundations of CBT and how to incorporate CBT skills in a comprehensive treatment strategy that includes intake, assessment, case conceptualization, treatment planning, and therapy. Counselors will learn and practice effective ways to utilize the tools specific to CBT with their clients.

CO-OCCURRING DISORDERS**

14 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): March 27-28, 2023
June 29-30, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s) Thea Wessel, LPC, LAC, MAC
Tracy L. Hutchinson, LPC, MAC, CAS

For the purposes of this class, co-occurring disorders refers to co-occurring substance use and mental health disorders. The class will focus on the interrelationship of these disorders and the differing needs of this population group. The class is structured to meet the needs of addiction counselors to aid in coordinating integrated treatment services to treat the whole person more effectively. It will discuss three types of substance abuse programs: addiction only services, dual diagnosis capable, and dual diagnosis enhanced. Evidence-based treatment approaches with co-occurring disorders will be presented along with elements of treatment planning, importance of diagnosis and the use of medications to enhance treatment. The primary resource is SAMHSA TIP 42 "Substance Abuse Treatment for Persons with Co-occurring Disorders."

CULTURALLY INFORMED TREATMENT*

14 Hours: Meets OBH CAT requirement, NBCC & NAADAC

Date(s): February 13-14, 2023
May 4-5, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s) Tracy L. Hutchinson, LPC, MAC, CAS

This class introduces aid the counselor in working with culturally diverse individuals, explores barriers to treatment and recovery, and presents recommended treatment approaches for diverse populations. The importance of cultural diversity as a factor in substance use disorder treatment will be discussed and cultural competency will be defined. This class will provide an opportunity for the student/participant to explore their attitudes and beliefs regarding working with various cultural groups.



DECISION MAKING

7 Hours: Continuing Education, NBCC & NAADAC

Date: June 5, 2023

Cost: \$90

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

We often second guess, regret or doubt our decisions regardless of the magnitude of the decision. This class will help sort through why we struggle with decisions and provide awareness, insight and skills to aid us in the process of decision making.

Objectives: 1. Recognize the multiple layers of influence and dynamics involved in making any decision. 2. Learning the components of choices. 3. Learning the skills and strengths needed to implement or act on those choices with clarity and integrity.

**BHS Training offers
evidence-based training for
today's working professionals**

DOMESTIC VIOLENCE

The following Domestic Violence courses are offered to meet the Colorado Provider requirements (Domestic Violence Offender Management Board – (303) 239-4456). The DVOMB does not pre-approve courses at any training facility, and we do not offer all the necessary courses required. Please call the DVOMB for a summarized copy of the new Colorado Domestic Violence Counselor requirements. Or you may visit their website to download an application. http://dcj.state.co.us/odvsom/Domestic_Violence/application.html

DOMESTIC VIOLENCE: ANGER MANAGEMENT

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: April 21, 2023

Cost: \$90

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class is not offered as an alternative for domestic violence treatment; rather, it is an in-depth look at one essential component of treatment for many client profiles. Participants will gain a greater understanding of this issue as well as practical techniques for working with angry clients.

**Our convenient downtown
location offers a wide variety
of amenities within walking
distance of our facility**

DOMESTIC VIOLENCE: LGBTQ COUNSELING ISSUES

14 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: January 19-20, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This course will explore a range of issues which can arise in counseling Gay, Lesbian, Bisexual and Transgender clients, particularly regarding Domestic Violence interventions. Topics range from “identity and coming-out” through “homophobia and civil rights” to “life-partnerships and co-parenting.” The course will emphasize treatment planning and accessibility, and it will address rapidly growing terminologies and unique power-and-control dynamics as well as multiple assessment models, tools, and resources. Illustrative video excerpts will enhance the participant's experience.



New trainers welcome!

**Qualified trainers, please contact us
at (303) 436-3570**

DOMESTIC VIOLENCE: UNDERSTANDING PERSONALITY CLUSTERS

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: March 17, 2023

Cost: \$90

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class presents an overview of a psychologically integrated model of domestic violence intervention, including a review of the MCMI-III data and batterer typologies. Both risk assessment and treatment planning will be discussed and applied to case studies.

ETHICAL PRACTICE IN ADDICTION TREATMENT*

14 Hours: Meets OBH CAT requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): January 30-31, 2023
May 11-12, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC, CAS

This training will focus on professional and ethical issues specific to the practice of addiction counseling and the treatment of co-occurring disorders. This training will build and strengthen the trainee's knowledge of NAADAC's Code of Ethics, and federal and state rules and regulations that are essential for safe practice. In this training, trainees will be exposed to the Colorado Mental Health Practice Act including the prohibited activities, 42 CFR Part 2, and HIPAA that regulate the practice of psychotherapy including addiction counseling. Trainees will learn about the important roles and activities of OBH (Office of Behavioral Health) and DORA (Department of Regulatory Agencies). In this training, trainees will learn the process of certification and credentialing to legally practice in Colorado. There will be an emphasis on developing critical thinking and ethical decision-making skills. Trainees will learn about the differences between privacy and confidentiality, and exceptions to confidentiality.

FAMILY AND TEEN COUNSELING ISSUES

7 Hours: Continuing Education, NBCC & NAADAC

Date(s): May 10, 2023

Cost: \$90

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

This class will focus on understanding the developmental stage of teenagers from a logical standpoint. How do you parent or counsel parents when teenagers are at a stage where they think they know everything? Material covered in this class will include some information on teenage brain development and how to teach teens when they don't want to learn.

GROUP COUNSELING SKILLS*

21 Hours: Meets OBH CAT requirement,
Domestic Violence, Continuing
Education, NBCC & NAADAC

Date(s): March 27-29, 2023

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s) Tracy L. Hutchinson, LPC, MAC, CAS
(Pre-requisite is Addiction Counseling Skills)

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This class will help the aspiring addiction counselor to understand the use of group therapy in the addiction treatment field and be able to demonstrate the skills necessary to facilitate a therapy group.

The class will focus on the group process and will discuss diversity within groups as well as the many challenges a group leader may face. The class will also present models of effective group practice.



HUMOR

7 Hours: Continuing Education,
NBCC & NAADAC

Date: TBD

Cost: \$90

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

Explore the power of humor as a creative and uplifting intervention. Learn how to lighten up and respect timing, ethics, intuition, professionalism, and compassion!

INFECTIOUS DISEASES IN ADDICTION TREATMENT**

14 Hours: Meets OBH CAS requirement,
Continuing Education,
NBCC & NAADAC

Date(s): April 6-7, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

In this training, the focus will be on the complex relationship between the client's drugs of choice, lifestyle choices, and physiological health. Discussions will include immune system health, liver function, harm reduction and specific diseases such as HIV and hepatitis. Strategies will be presented for screening to determine level of risk, referral, and education about disease prevention and treatment.

MOTIVATIONAL INTERVIEWING I*

21 Hours: Meets OBH CAT requirement,
Domestic Violence, Continuing
Education, NBCC & NAADAC

Date(s): April 24-26, 2023
June 26-28, 2023

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC, CAS
(Pre-requisite is Addiction Counseling Skills)

Motivational interviewing is an evidence-based practice with widespread use in addiction counseling and is considered to be crucial to the development of counseling skills for this population. The class will focus on learning the motivational interviewing model. In this training, participants will learn the model of stages of change, the tools for creating an environment where positive change can occur, and practice of the skills. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency in MI.

PHARMACOLOGY I*

14 Hours: Meets OBH CAT requirement,
Domestic Violence, Continuing
Education, NBCC & NAADAC

Date(s): March 13-14, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

Training in pharmacology is a cornerstone of addiction counseling and a major part of what differentiates the professional field of addiction counseling from other mental health disciplines. This class will provide a solid base of knowledge about the drugs of abuse including what is happening in human physiology and behaviors.

**Complimentary refreshments
served from 8:00 AM – 12:00 PM**



Registration & cancellation
information can be found at the
back of this catalog, by calling
(303) 436-3570, or by emailing
bhstraining.org

PRINCIPLES OF ADDICTION TREATMENT*

21 Hours: Meets OBH CAT requirement,
Domestic Violence, Continuing
Education, NBCC & NAADAC

Date(s): January 25-27, 2023
March 1-3, 2023

May 1-3, 2023

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

This training presents the history and theories of addiction, the competencies required of an addiction counselor and scope of practice, and the NIDA principles of effective treatment. There will be an exploration of current evidence-based practices, addiction counselor certification and licensure in Colorado and levels of care offered for addiction treatment as well as certification requirements and professional readiness for addiction counselors.

PROFESSIONAL UPDATES

4 Hours: Continuing Education,
NBCC & NAADAC

Date(s): June 6, 2023

Cost: \$80

Time: 8:00AM-11:00AM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

DORA, OBH, NAADAC, CAAP and other
professional trends, rules, and resource updates.

Review and update of your professional
development plans. Question and answer time.

Don't forget about your professional development plan.

Continuing education classes are offered throughout the year!



RELATIONSHIP "TANGO"

7 Hours: Continuing Education, NBCC & NAADAC

Date: March 31, 2023

Cost: \$90

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

Learn to recognize and navigate repetitive patterns in your life and how that relates to decisions within your family, work, and love relationships. In this class, we will learn to understand how and why masculine and feminine energies influence your decisions and actions. Find clarity, rhythm, and balance in the lead/follow "dance" of life.

TRAUMA INFORMED CARE FOR DIVERSE POPULATIONS*

14 Hours: Meets OBH CAT Requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): February 16-17, 2023
May 15-16, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

This class will introduce the counselor to the concept of trauma-informed care, an approach that is being adopted more frequently within the human services fields based upon an increased awareness of the ways in which trauma impacts functioning. It will describe and define what trauma informed care is and ways in which a traditional treatment setting can be modified to increase the sense of safety experienced by consumers. Students will learn how to incorporate trauma-informed practices into treatment with diverse populations, such as military veterans, women, people with co-occurring disorders and other groups.

TREATING DIVERSE POPULATIONS**

14 Hours: Meets OBH CAS Requirement, NBCC & NAADAC

Date(s): February 16-17, 2023
May 8-9, 2023

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS
Thea Wessel, LPC, LAC, MAC

Addiction counselors work to improve people's lives by identifying and treating the effects of substance abuse disorders. Addiction counselors may work with people from the public or they may specialize in specific populations, such as gender specific, persons involved in the criminal justice system, families, LGBTQIA, veterans and the opioid overuse epidemic. This course will provide a more in-depth overview of the diverse populations in the addiction treatment realm.

VERBAL DE-ESCALATION

7 Hours: Continuing Education, NBCC & NAADAC

Date: TBD

Cost: \$90

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

Strategies for dealing with escalating clients, using awareness, verbal skills, and non-restraining physical protective maneuvers. We will be addressing the components and process of escalation, debriefing and teaching moments, as well as counselor self-care.

Please visit our website at www.denverhealth.org/bhstraining for quick and easy online registration.





COLORADO ASSOCIATION OF ADDICTION PROFESSIONALS (CAAP/NAADAC)

The Colorado Association of Addiction Professionals (CAAP) is an association of concerned professionals seeking to improve the quality of substance abuse and other addiction treatment services through education, training, and advocacy. CAAP is open to all professionals and students who care about the addiction treatment field and its future. CAAP sponsors conferences and advocates for quality treatment services provided by addiction counselors.

Founded in 1984 as Colorado Addiction Counselors, CAAP formally affiliated with NAADAC: The Association for Addiction Professionals. Membership in NAADAC provides automatic membership in CAAP.

For more information or a membership application call (303) 763-7198 or visit <http://www.caap.us/>

NCAC I, NCAC II, and MAC national exam information can be found on www.naadac.org, or by calling NAADAC (800) 548-0497 or SACC (303) 763-7198.

PROBLEM GAMBLING COALITION OF COLORADO (PGCC)

PGCC is an organization of concerned citizens and industry representatives dedicated to prevention and treatment of compulsive gambling through education and legislative action. For information or membership, call (303) 662-0772 or

Email: problemgamblingcoalitioncolo@gmail.com.

EMPLOYMENT OPPORTUNITIES

Behavioral Health Services at Denver Health are accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and licensed by the Office of Behavioral Health (OBH). BHS programs treat alcohol, drug, mental health, and dual diagnosis clients.

Denver CARES is a full-service withdrawal management facility serving adults in the community. As part of the Denver Health system, clients with mental health or substance use disorder have access to one of the most extensive medical and psychiatric resource networks available.

If you are interested in applying for a career within Denver Health, please visit our online career center at www.denverhealth.org/for-professionals/careers.

For volunteer opportunities, please contact Volunteer Service: (303) 602-2926



**DENVER
HEALTH™**

— est. 1860 —
FOR LIFE'S JOURNEY

BEHAVIORAL HEALTH TRAINING-DENVER CARES
1155 CHEROKEE STREET, SUITE 265 DENVER, CO 80204
PHONE: (303) 436-3570 FAX:(303) 436-4023
COURSE REGISTRATION FORM

Student Information

Last Name:			
First Name:			
Employer:			
Date of Birth (for transcripts):			
Billing Address (must match credit card billing address):			
City, State:		Zip Code:	
		E-mail Address:	
Student Phone:			
Alternate Phone:			

Course Registration(s)

Course Title:		Course Title:	
Date(s):		Date(s):	
Credit Card #:		Exp Date:	
Payment Amount:		CVV (3 digit on back of card):	
Signature:			

**All other forms of payment: Please indicate your payment method on this form and make payment arrangements by calling (303) 436 -3570 or emailing bhstraining@dhha.org*

To be completed by Denver CARES Training Department:

Received by:	
Date Received:	

Questions: Please call (303) 436-3570 or email bhstraining@dhha.org

Payment Requirement: Payment in full is required at the time of course registration unless other arrangements have been made by the administrator.

Registration: Registrations are accepted on a first-come, first serve basis. Some classes may have a maximum capacity. Classes have a minimum enrollment requirement in order to conduct the class. If minimum enrollment is not met, the class may be cancelled, and you will be notified within 3 business days of class date. If a class is cancelled, you will be refunded in full, or you may elect to enroll in another class.

Submit forms to:
bhstraining@dhha.org
Fax: (303) 436-4023 or
1155 Cherokee St., Rm 265
Denver, CO 80204

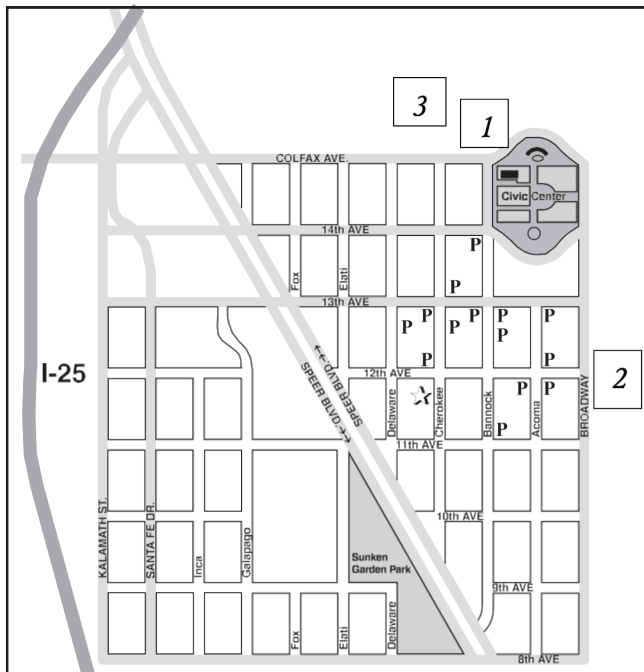
Cancellation Requirements: (7) business days advanced notice preceding the class date is required to receive a full refund. Cancellations received after the (7) business days will not be refunded under any circumstances. Credits will be issued at the discretion of the training department. Due to limited class size, some classes are non-refundable and non-transferrable. Addiction Counseling Skills, Advanced Motivational Interviewing, Clinical Supervision 1, and Clinical Supervision 2 are non-transferrable and non-refundable. All cancellations must be submitted in writing via BHS Training cancellation form.



**DENVER
HEALTH™**
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FOR LIFE'S JOURNEY

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U.S. POSTAGE
PAID
DENVER CO
PERMIT NO. 00174

Behavioral Health Services Training
MC 3440
1155 Cherokee Street
Denver, CO 80204



DIRECTIONS

FROM THE NORTH

I-25 to Speer Blvd.
South on Speer Blvd. to 11th Ave.
West 2 blocks to Cherokee St.
North 1/2 block to 1155 Cherokee St.

FROM THE EAST

8th Ave. to Speer Blvd. north to Cherokee St.
1/2 block to 1155 Cherokee St.

FROM THE SOUTH

I-25 to exit 209A, East 6th Ave.
North on Santa Fe Blvd.
East on 11th Ave.
4 lights to Cherokee St.
North 1/2 block to 1155 Cherokee St.

FROM THE WEST

Colfax Ave. East to Speer Blvd.
Speer Blvd. south to 11th Ave.
East to Cherokee St.
North 1/2 block to 1155 Cherokee St.

PARKING

BHS TRAINING DOES NOT PROVIDE PARKING.

Paid parking lots are indicated by a "P" on the map. Metered parking, as well as limited free 2-hour street parking is available around the building.

ACCOMMODATIONS

1. Holiday Inn Express (303)296-0400

2. Capitol Hill Mansion (303)839-5221

3. Sonesta Downtown (303)573-1450