



DENVER HEALTH™
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FOR LIFE'S JOURNEY

walk WITH a DOC

Join your doctors on a monthly walk to benefit your health, learn about important health topics and meet new friends interested in improving their health with you.



**SATURDAY
SEPTEMBER 21
9 A.M.**

Cheesman Park
9th and Race St.
Meet west of the Pavillion, look for our sign
Hosted by Dr. Sarah Roark
Pulmonary and Critical Care Specialist
Topic: Vaping
What we know and what we don't



**SATURDAY
OCTOBER 26
8 A.M.**

Sloans Lake Park
Meet just west of tennis courts on 17th Ave. side
Plenty of free parking
Hosted by Dr. Grace Alfonsi
Family Medicine Physician
Topic: Hepatitis C
Get tested, get treated



**SATURDAY
NOVEMBER 23
9 A.M.**

Cheesman Park
9th and Race St.
Meet west of the Pavillion, look for our sign
Hosted by Dr. Sarah Roark
Pulmonary and Critical Care Specialist
Topic: Influenza
2019 update



**SATURDAY
DECEMBER 21
8 A.M.**

City Park
Meet on 17th Ave. side near Jackson Ave.
at the tip of the parking area
Plenty of free parking
Hosted by Dr. Grace Alfonsi
Family Medicine Physician
Topic: Medical news "Best of 2019"