



Getting Ready for the Capsule Procedure

A Plan Ahead Call [303-602-1926](tel:303-602-1926) if you have questions or need to schedule or change your appointment

- ✓ Your appointment is at Denver Health, Pavillion M, 723 Delaware Street, 2nd floor. Patient/visitor parking located in the basement
- ✓ You will come to the GI Lab to take the capsule and then again to return the capsule once you have passed the capsule from your body and retrieved it
- ✓ You will get 4 liters of Colyte for the preparation of the capsule procedure

B 3 days before the Capsule procedure

- ✓ Stop taking iron supplements

C The day before the Capsule procedure

- ✓ Stop taking antacids (Tums, Rolaids), Pepto-Bismol, and Carafate
- ✓ You may eat a regular breakfast in the morning
- ✓ **11 AM: DRINK ONLY CLEAR LIQUIDS** for the rest of the day and evening. **NO SOLID FOOD**
- ✓ Avoid any fluids that are red
- ✓ **5-7 PM:** Drink 2 liters of the Colyte jug within the 2 hours- this is a laxative and you will need to be near a bathroom

D The day of the Capsule procedure

- ✓ 1 hour before your scheduled procedure drink 1 liter of Colyte
- ✓ You may continue drinking clear liquids. **NO SOLID FOOD**
- ✓ 2 hours after the capsule has been swallowed, drink last 1 liter of Colyte
- ✓ After 1 pm you can eat a light snack
- ✓ Eat normally for dinner

E 8-72 hours after the Capsule procedure

- ✓ The capsule will typically take 8-48 hours to pass, if you haven't passed the capsule after 72 hours contact the GI Lab
- ✓ Follow the instructions for getting your capsule once it is passed and return it to the GI Lab

