

# GETTING READY FOR THE CAPSULE PROCEDURE

## **A** Plan Ahead Call **303-602-1926** if you have questions or need to schedule or change your appointment

- Your appointment is at Denver Health Outpatient Medical Center, Pavillion L, 660 N. Bannock St., 3rd floor. Patient/Visitor Parking is located behind the building.
- You will come to the GI Lab to take the capsule and then again to return the capsule once you have passed the capsule from your body and retrieved it.
- You will get 4 liters of Colyte for the preparation of the capsule procedure.

## **B** 3 days before the Capsule procedure

- Stop taking iron supplements.

## **C** The day before the Capsule procedure

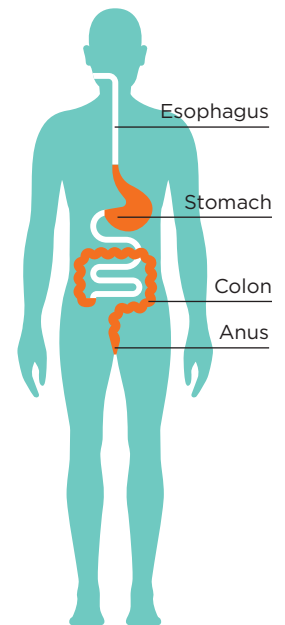
- Stop taking antacids (Tums, Rolaids), Pepto-Bismol, and Carafate.
- You may eat a regular breakfast in the morning.
- **11 AM:** DRINK ONLY CLEAR LIQUIDS for the rest of the day and evening. NO SOLID FOOD.
- Avoid any fluids that are red.
- **5-7 PM:** Drink 2 liters of the Colyte jug within the 2 hours - this is a laxative and you will need to be near a bathroom.

## **D** The day of the Capsule procedure

- 1 hour before your scheduled procedure, drink 1 liter of Colyte
- After you finish the Colyte, do not eat or drink ANYTHING
- 2 hours after the capsule has been swallowed, drink the last 1 liter of Colyte. You may now resume drinking clear liquids.
- After 1 p.m., you can eat a light snack
- Eat normally for dinner

## **E** 8-72 hours after the Capsule procedure

- The capsule will typically take 8-48 hours to pass, if you haven't passed the capsule after 72 hours contact the GI Lab.
- Follow the instructions for getting your capsule once it is passed and return it to the GI Lab.



### **GI LAB**

Denver Health  
Outpatient Medical  
Center, Pavillion L  
660 N. Bannock St.  
3rd floor

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