## Sharing in Social Emotional Learning

It's typical that starting around 3 to 5 years old that young children start to learn how to share as they attend preschool. This can pose many challenges since it's at this age that they are also learning how to use their words to communicate their needs and feelings. Adults can help with these skills as part of children's social emotional learning.

Encouraging children to use their words to ask their friend if they can play with them or use a toy they're using.

"Can I play with you?" "Can I use the toy you're playing with?"

Supporting children in communicating their needs to their peers.



Helping children respect the needs and feelings that their friends communicated



"I need space" "I want to play by myself" "I don't want to share right now. Maybe later"

"Your friend doesn't want to share or play right now. Would you like to play something else?



For more information, please contact Early Child Mental Health Consultation at Denver Heal<mark>th:</mark> ecmchc@dhha.org