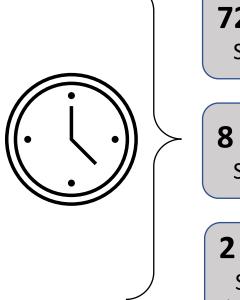


## PATIENT INSTRUCTIONS: How to Prepare for your in-office **Sedation**



**72** Hours before Appointment: STOP Marijuana use



Take all your usual medications unless otherwise instructed by your Doctor

**8** Hours before Appointment: STOP Eating



**2** Hours Before Appointment: STOP Clear liquids Clear liquids = water, apple juice, and Pedialyte. NO milk



You must be accompanied by an *adult* to drive you home



Wear loose, comfortable clothes. Avoid nail polish.