

Los Mejores Cereales Bajos en Azucar (6 gramos or menos)

- Cheerios o Multigrain Cheerios
- Honey Bunches of Oats--Honey Roasted o Cinnamon
- Life (Original)
- Kix
- Wheaties
- Total
- Chex (Rice, Wheat, o Corn)
- Kashi Heart to Heart Honey Toasted Oats o Cinnamon Oat
- Kashi Cinnamon French Toast
- Shredded Wheat
- Barbara's Puffins, Honest O's, Corn Flakes, Cucharadas de Grano múltiple
- Nature's Path Flax Plus Cinnamon Flakes, Mesa Sunrise, Whole O's, Crispy Rice

