Sports Injuries: It Started as a Love Letter to the NHL . . .

Spencer Tomberg, MD
Denver Health Medical Center
Departments of Emergency Medicine and Orthopedics
and turned into a poem about the foot and the knee
I have no conflicts of interest
What you can play through
Valeri Nichushkin
Metatarsal Fracture

- 1st metatarsal
- 5th metatarsal
- Lisfranc Joint
1st Metatarsal Fracture
1st Metatarsal Fracture
5th Metatarsal Fracture
STRESS
Lisfranc injury
MOI & Exam
Fig. 2. (A, B) When an initial radiograph is inconclusive (A), a comparison weight-bearing radiograph of the contralateral foot (B) is frequently helpful to identify subtle widening at the Lisfranc joint in the injured foot.
Treatment
Knee
Not Unique
PCL
Thank You
• https://www.forbes.com/sites/chadorzel/2016/07/05/the-physics-of-ancient-roman-architecture/?sh=6d4026df

• https://twitter.com/peter_baugh/status/1541451929359974401?s=21&t=N8aoy8BMTjuKBF165yb

• https://ota.org/for-patients/find-info-body-part/3723


• https://www.orthobullets.com/foot-and-ankle/7032/metatarsal-fractures

• https://orthopaedia.com/page/Metatarsal-Fractures


• https://radiopaedia.org/articles/fleck-sign-foot


