

January 2021- April 2021

ADDICTION COUNSELING SKILLS*

21 Hours: Meets OBH CAC I requirement, Domestic Violence, NBCC & NAADAC

Date(s): February 1-3, 2021

April 5-7, 2021

Cost: \$180

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged.

This basic counseling skills class teaches a client-centered, counselor-directed model using a motivational style. The training is designed to provide counselors with a framework for working with clients with substance use disorders. The counselor will experience and learn the counseling skills to support the client to move through identifying and changing behaviors. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency.

ADVANCED MOTIVATIONAL INTERVIEWING***

14 Hours: OBH CAC III requirement, Domestic Violence, NBCC & NAADAC

Date(s): January 14-15, 2021

April 22-23, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Motivational Interviewing I)

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged.

This advanced training will serve as a booster session for Motivational Interviewing skills for the counselor as well as introducing advanced motivational interviewing skills including strategic use of MI, ethical quandaries, resistance skills, basic coding skills, elicitation of change talk, developing change plans and deepening commitment language.

CLIENT RECORD MANAGEMENT*

14 Hours: Meets OBH CAC I requirement, NBCC & NAADAC

Date(s): March 8-9, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

This class is designed to provide the counselor with an understanding of a clinical record. This class will include an introduction to diagnosing substance abuse and dependence using the DSM IV TR. It will also include an introduction to the ASAM Patient Placement Criteria. Participants in this training will learn how to properly document for the clinical record including intake documents and interpretative summaries; the use of screening and assessment instruments; releases of information; treatment plans; progress notes; and discharge summaries.

CLINICAL ASSESSMENT AND TREATMENT PLANNING**

14 Hours: Meets OBH CAC II requirement, Domestic Violence, NBCC & NAADAC

Date(s): February 18-19, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

(Pre-requisite is Client Record Management)

Participants in this clinical assessment and treatment planning class learn how to conduct effective and appropriate screenings and assessments using a biopsychosocial approach. This will include identifying problem domains, cultural needs, diagnostic impressions, strengths and supports among others. There will an emphasis on assessment for co-occurring disorders. The basics of treatment planning will be reviewed and practice will include creating a treatment plan for a client with a co-occurring mental health and substance use disorder.

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CLINICAL SUPERVISION I***

21 Hours: Meets OBH CAC III requirement, Domestic Violence, NBCC & NAADAC

Date(s): February 15-17, 2021

Cost: \$180

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This training is designed to help a counselor learn the models of supervision and tools necessary to use as a standard of supervision practice. In this course the counselor will be exposed to supervision that is tailored to the supervisee's developmental level of experience. Ethical supervisory practices, including supervision contracts and work verification practices, will be discussed. Videotaping and feedback will assist the counselors in developing a standard level of supervisory skills proficiency.

CLINICAL SUPERVISION II***

14 Hours: Meets OBH CAC III requirement, Domestic Violence, NBCC & NAADAC

Date(s): March 4-5, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Mita Johnson, Ed.d, LPC, LMFT, LAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

(Pre-requisites are Clinical Supervision I and Advanced Motivational Interviewing)

Clinical supervision II is designed to reinforce the motivational interviewing skills of the supervisor through the use of the MIA:STEP process. MIA:STEP (Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency) will be utilized as a format of supervision. Specialized techniques, coaching, coding, teaching, and use of video or audio in supervision will be discussed. May use videotaping of practice sessions.

COGNITIVE BEHAVIORAL THERAPY**

14 Hours: Meets OBH CAC II requirement, NBCC & NAADAC

Date(s): November 2-3, 2020

March 11-12, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

CBT is an evidenced-based treatment and is foundational to the addiction treatment field. Participants will learn the theoretical foundations of CBT and how to incorporate CBT skills in a comprehensive treatment strategy that includes intake, assessment, case conceptualization, treatment planning, and therapy. Counselors will learn and practice effective ways to utilize the tools specific to CBT with their clients.

CO-OCCURRING DISORDERS**

14 Hours: Meets OBH CAC II requirement, Domestic Violence, NBCC & NAADAC

Date(s): December 9-10, 2020

April 26-27, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

For the purposes of this class, co-occurring disorders refers to co-occurring substance use and mental health disorders. The class will focus on the interrelationship of these disorders and the differing needs of this population group. The class is structured to meet the needs of addiction counselors to aid in coordinating integrated treatment services to more effectively treat the whole person. It will discuss three types of substance abuse programs: addiction only services, dual diagnosis capable, and dual diagnosis enhanced. Evidence-based treatment approaches with co-occurring disorders will be presented along with elements of treatment planning, importance of diagnosis and the use of medications to enhance treatment. The primary resource is SAMHSA TIP 42 "Substance Abuse Treatment for Persons with Co-occurring Disorders."

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CULTURALLY INFORMED TREATMENT*

14 Hours: Meets OBH CAC I requirement, NBCC & NAADAC

Date(s): February 8-9, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

This class provides an introduction to aid the counselor in working with culturally diverse individuals, explores barriers to treatment and recovery, and presents recommended treatment approaches for diverse populations. The importance of cultural diversity as a factor in substance use disorder treatment will be discussed and cultural competency will be defined. This class will provide an opportunity for the student/participant to explore their attitudes and beliefs regarding working with various cultural groups.

DECISION MAKING

7 Hours: Continuing Education, NBCC & NAADAC

Date: April 9, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

We often second guess, regret or doubt our decisions regardless of the magnitude of the decision. This class will help sort through why we struggle with decisions and provide awareness, insight and skills to aid us in the process of decision making.

Objectives: 1. Recognize the multiple layers of influence and dynamics involved in making any decision. 2. Learning the components of choices. 3. Learning the skills and strengths needed to implement or act on those choices with clarity and integrity.

DOMESTIC VIOLENCE

The following Domestic Violence courses are offered to meet the Colorado Provider requirements (Domestic Violence Offender Management Board – 303 239-4456). The DVOMB does not pre-approve courses at any training facility, and we do not offer all of the necessary courses required. Please call the DVOMB for a summarized copy of the new Colorado Domestic Violence Counselor requirements. Or you may visit their website to download an application.

http://dcj.state.co.us/odvsom/Domestic_Violence/application.html

DOMESTIC VIOLENCE: ANGER MANAGEMENT

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: March 19, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class is not offered as an alternative for domestic violence treatment; rather, it is an in-depth look at one essential component of treatment for many client profiles. Participants will gain a greater understanding of this issue as well as practical techniques for working with angry clients.

DOMESTIC VIOLENCE: GAY, LESBIAN, BISEXUAL AND TRANSGENDER COUNSELING ISSUES

14 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: January 21-22, 2021

May 20-21, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This course will explore a range of issues which can arise in counseling Gay, Lesbian, Bisexual and Transgender clients, particularly regarding Domestic Violence interventions. Topics range from "identity and coming-out" through "homophobia and civil rights" to "life-partnerships and co-parenting." The course will emphasize treatment planning and accessibility, and it will address rapidly growing terminologies and unique power-and-control dynamics as well as multiple assessment models, tools, and resources. Illustrative video excerpts will enhance the participant's experience.

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DOMESTIC VIOLENCE: UNDERSTANDING PERSONALITY CLUSTERS

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: April 16, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class presents an overview of a psychologically integrated model of domestic violence intervention, including a review of the MCMI-III data and batterer typologies. Both risk assessment and treatment planning will be discussed and applied to case studies.

FAMILY AND TEEN COUNSELING ISSUES

7 Hours: Continuing Education, NBCC & NAADAC

Date(s): March 29, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

This class will focus on understanding the developmental stage of teenagers from a logical standpoint. How do you parent or counsel parents when teenagers are at a stage where they think they know everything? Material covered in this class will include some information on teenage brain development and how to teach teens when they don't want to learn.

GROUP COUNSELING SKILLS**

21 Hours: Meets OBH CAC II requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): March 22-24, 2021

Cost: \$180

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This experiential training covers the process of change as it relates to the dynamics of an effective group experience and the qualities of group facilitation. Models of group therapy, the use of observation and feedback, group relational experience, and cultural diversity within groups will be discussed and experienced in classroom group exercises. Videotaping feedback may be used.

HUMOR

7 Hours: Continuing Education, NBCC & NAADAC

Date: January 8, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Explore the power of humor as a creative and uplifting intervention. Learn how to lighten up and respect timing, ethics, intuition, professionalism and compassion!

INFECTIOUS DISEASES IN ADDICTION TREATMENT*

14 Hours: Meets OBH CAC I requirement, Continuing Education, NBCC & NAADAC

Date(s): January 11-12, 2021

April 19-20, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

In this training, the focus will be on the complex relationship between the client's drugs of choice, lifestyle choices, and physiological health. Discussions will include immune system health, liver function, harm reduction and specific diseases such as HIV and hepatitis. Strategies will be presented for screening to determine level of risk, referral, and education about disease prevention and treatment.

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MOTIVATIONAL INTERVIEWING I**

21 Hours: Meets OBH CAC II requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): February 10-12, 2021

April 28-30, 2021

Cost: \$180

Time: 8:00AM-4:30PM

Trainer: Tracy Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Addiction Counseling Skills)

Motivational interviewing is an evidence-based practice with widespread use in addiction counseling and is considered to be crucial to the development of counseling skills for this population. The class will focus on learning the motivational interviewing model. In this training, participants will learn the model of stages of change, the tools for creating an environment where positive change can occur, and practice of the skills. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency in MI.

PHARMACOLOGY I*

14 Hours: Meets OBH CAC I requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): February 22-23, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Mita Johnson, Ed.d, LPC, LMFT, LAC

Training in pharmacology is a cornerstone of addiction counseling and a major part of what differentiates the professional field of addiction counseling from other mental health disciplines. This class will provide a solid base of knowledge about the drugs of abuse including what is happening in human physiology and behaviors.

PHARMACOLOGY II**

14 Hours: Meets OBH CAC II requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): January 7-8, 2021

March 17-18, 2021

April 1-2, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Mita Johnson, Ed.d, LPC, LMFT, LAC

(Pre-requisite is Pharmacology I – strictly enforced)

Pharmacology II will explore the influence of contextual variables on addiction and recovery from a neuropsychological and cultural framework. Functional changes to the brain and the brain's ability to recover after exposure to drugs of addiction and other behavioral addictions, medical problems associated with substance abuse, and the use of pharmacological assists in recovery will be discussed.

PRINCIPLES OF ADDICTION TREATMENT*

21 Hours: Meets OBH CAC I requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): January 4-6, 2021

March 1-3, 2021

Cost: \$180

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

This training presents the history and theories of addiction, the competencies required of an addiction counselor and scope of practice, and the NIDA principles of effective treatment. There will be an exploration of current evidence-based practices, addiction counselor certification and licensure in Colorado and levels of care offered for addiction treatment as well as certification requirements and professional readiness for addiction counselors.

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PROFESSIONAL ETHICS 1: ETHICS AND JURISPRUDENCE*

14 Hours: Meets OBH CAC I requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): January 25-26, 2021

April 12-13, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

Tracy Hutchinson, LPC, MAC, CAC III

Mita Johnson, Ed.d, LPC, LMFT, LAC

This class focuses on ethical practice in counseling clients with substance use disorders and other behavioral disorders. It includes an overview of ethical decision making models, confidentiality, code of ethics and the federal confidentiality regulation 42 CFR, Part 2. The Colorado Mental Health Practice Act will be discussed to include disciplinary procedures, prohibited activities and the role of the Department of Regulatory Agencies.

PROFESSIONAL ETHICS 2**

14 Hours: Meets OBH CAC II requirement, Continuing Education, NBCC & NAADAC

Date(s): February 4-5, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC, CAC III

(Pre-requisite is Professional Ethics I)

This class will provide participants with a comprehensive introduction to ethical and risk management issues related to addiction treatment and services. It will focus on three key topics: 1) ethical dilemmas encountered by addiction professionals with the use of case studies; 2) ethical decision-making strategies; and 3) risk management concepts designed to prevent ethics complaints and ethics-related lawsuits pertaining to professionals' handling of confidential information, informed consent, boundary issues and dual relationships, conflicts of interest, service delivery, supervision, consultation, referral and termination of services.

PROFESSIONAL PRACTICE***

7 Hours: Meets OBH CAC III requirement, Continuing Education, NBCC & NAADAC

Date(s): March 15, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

This training will focus on administrative supervision, organizational issues, OBH-licensed treatment agency requirements, challenges of the current treatment environment, confidentiality concerns, measuring performance treatment outcomes, role of program director, policies and procedures and other topics to be determined. In addition, the expectations of the addiction professional interacting with other mental health professionals in treatment settings as well as in the community will be explored.

PROFESSIONAL UPDATES

4 Hours: Continuing Education, NBCC & NAADAC

Date(s):

Cost: \$80

Time: 8:00am-12:00pm

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

DORA, OBH, NAADAC, CAAP and other professional trends, rules and resource updates. Review and update of your professional development plans. Question and Answer time.

RELATIONSHIP "TANGO"

7 Hours: Continuing Education, NBCC & NAADAC

Date: January 29, 2021

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Learn to recognize and navigate repetitive patterns in your life and how that relates to decisions within your family, work and love relationships. In this class, we will learn to understand how and why masculine and feminine energies influence your decisions and actions. Find clarity, rhythm and balance in the lead/follow "dance" of life.

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TRAUMA INFORMED CARE WITH DIVERSE POPULATIONS**

14 Hours: Meets OBH CAC II Requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): February 25-26, 2021

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

This class will introduce the counselor to the concept of trauma-informed care, an approach that is being adopted more frequently within the human services fields based upon an increased awareness of the ways in which trauma impacts functioning. It will describe and define what trauma informed care is and ways in which a traditional treatment setting can be modified to increase the sense of safety experienced by consumers. Students will learn how to incorporate trauma-informed practices into treatment with diverse populations, such as military veterans, women, people with co-occurring disorders and other groups.

VERBAL DE-ESCALATION

7 Hours: Continuing Education, NBCC & NAADAC

Date:

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Strategies for dealing with escalating clients, using awareness, verbal skills, and non restraining physical protective maneuvers. We will be addressing the components and process of escalation, debriefing and teaching moments, as well as counselor self care.