

# July 2021-December 2021

## **ADDICTION COUNSELING SKILLS\***

21 Hours: Meets OBH CAT requirement, Domestic Violence, NBCC & NAADAC

Date(s): August 9-11, 2021

October 25-27, 2021

December 13-15, 2021

Cost: \$ 200

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

**Thea Wessel, LPC, LAC, MAC**

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged.

Addiction Counseling Skills is considered part of the "Core Curriculum" and basic to the foundational training of an addiction counselor. The purpose of this class is to provide a framework and counseling model for working with clients with substance misuse and addiction. The focus of this course is to teach the counseling skills needed to help clients process their information and move toward the change process. The models utilized are client-centered, counselor-directed therapy along with motivational spirit of counseling. Recording and feedback will assist the participants in developing a standard level of counseling skills proficiency.

## **ADVANCED CASE CONCEPTUALIZATION\*\***

14 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): June 14-15, 2021

October 11-12, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

(Pre-requisite is Case Conceptualization and Documentation)

Client motivation and commitment to treatment begins with the assessment and diagnostic phase that typically occurs at intake. This course will consider the differences between screening and assessment and use of assessment instruments. The class will consider the components of the clinical assessment such as a biopsychosocial interview, assessing risk for self-harm, identifying cultural needs and supports, problem domains, determining stage of readiness for change and strengths of the client. Determining diagnosis utilizing the DSM 5 and resulting level of care for the client will be discussed using the ASAM Criteria. Stages of treatment and systems of care will be covered along with facets of treatment planning.

## **ADVANCED MOTIVATIONAL INTERVIEWING\*\***

14 Hours: OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): July 26-27, 2021

November 29-30, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

(Pre-requisite is Motivational Interviewing)

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged.

The training is designed to assist the counselor to develop and practice skills to assist clients to identify and strengthen intrinsic motivation for positive change. This is an advanced course in Motivational Interviewing so it is expected that the participant will be able to demonstrate the foundational MI skills by conducting a client interview using the OARS, and responding to no-change talk (resistance). The format will be interactive and experiential in nature. Participants will be afforded an opportunity to obtain focused practice and will receive individualized feedback regarding their MI skills with student and trainer ratings.

## **ADVANCED PHARMACOLOGY \*\***

14 Hours: Meets OBH CAS requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): July 8-9, 2021

October 28-29, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Thea Wessel, LPC, LAC, MAC**

(Pre-requisite is Pharmacology I – strictly enforced)

Advanced Pharmacology will explore the neurobiological basis of addiction and how addictive drugs produce neurochemical changes in the brain's reward pathway. It will also explore new technologies for treatment and prevention based on brain

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science. Additionally, functional changes to the brain and the brain's ability to recover after exposure to drugs of abuse, medical problems associated with substance abuse, and the use of pharmacological assists in recovery will be discussed.

## **ADVANCED PROFESSIONAL AND ETHICAL PRACTICE\*\***

14 Hours: Meets OBH CAS requirement, Continuing Education, NBCC & NAADAC

Date(s): August 30-31, 2021

November 22-23, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Tracy Hutchinson, LPC, MAC, CAS**

(Pre-requisite is Ethical Practice in Addiction Training)

This course will provide participants with a comprehensive introduction to ethical and risk management issues related to addiction treatment and services. Topics will include OBH licensing rules; OBH behavioral health rules and regulations; practice standards and guidelines; DORA and the Mental Health Practice Act; the purpose of and the need for written policies and procedures; professional competencies, boundaries and ethical relationships; reporting violations; employee drug testing; liability insurance; clinical versus administrative supervision; the ethical delivery of culturally-responsive care and trauma-informed care; and the need for a professional self-care plan.

## **ADVANCED TREATMENT MODELS\*\***

14 Hours: Meets OBH CAS Requirement, NBCC & NAADAC

Date(s): July 1-2, 2021

October 21-22, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Tracy Hutchinson, LPC, MAC, CAS**

Advanced Treatment Models is designed to provide an overview of the specialized models of counseling for behavioral health environment that provide services to co-occurring mental health and addiction interventions. The purpose of this class is to provide information and instruction into those advanced models so that clinical supervisors will have the basic knowledge required to provide adequate support and supervision for these models. The focus of this course is to teach the structure, purpose, appropriate population, and practice details of each model that is covered in the training.

## **CASE CONCEPTUALIZATION AND DOCUMENTATION\***

14 Hours: Meets OBH CAT requirement, NBCC & NAADAC

Date(s): September 29-30, 2021

December 1-2, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS**

This class is designed to provide the counselor with an understanding of the clinical record and the continuum of client care that the record documents and tracks. The class presents screening, basic assessment and evaluation, Substance Use Disorder diagnostic criteria, ASAM patient placement criteria, introduction to treatment planning, progress note completion, documentation requirements and basic referral and discharge planning. It emphasizes the confidentiality of the client record and includes releases of information, mandatory disclosure, and informed consent among others.

## **CLINICAL SUPERVISION I\*\***

21 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): August 18-20, 2021

November 3-5, 2021

Cost: \$200

Time: 8:00AM-4:30PM

**Trainer(s): Tracy Hutchinson, LPC, MAC, CAS**

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This training is designed to help a counselor learn the models of supervision and tools necessary to use as a standard of supervision practice. In this course the counselor will be exposed to supervision that is tailored to the supervisee's developmental level of experience. Ethical supervisory practices, including supervision contracts and work verification practices, will be discussed. Videotaping and feedback will assist the counselors in developing a standard level of supervisory skills proficiency.

## **CLINICAL SUPERVISION II\*\***

# July 2021-December 2021

14 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): August 26-27, 2021  
December 9-10, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Thea Wessel, LPC, LAC, MAC**

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

(Pre-requisites are Clinical Supervision I and Advanced Motivational Interviewing)

The aim of this training is to teach clinicians and other service providers who already have acquired MI skills, and who have or will have a supervisory role, how to observe and coach their supervisees in the proper application of these skills in diverse and integrated care environment. MITI 4.2.1 (Motivational Interviewing Treatment Integrity Coding Manual 4.2.1 is a template provided by MINT (<https://motivationalinterviewing.org/motivational-interviewing-resources>) for training supervisees to use MI in joining and engaging the client and improving client commitment to treatment during and following screening and assessment. Using the framework of this scoring and feedback technique, training participants will practice effective coaching and supervisory skills to help team leaders, managers and supervisors work with their staff to incorporate their MI skills more often and consistently. There will be an emphasis on MI interview rating systems and general interview rating etiquette. Participants will discuss how to use feedback to coach supervisees, practical guidelines for MI supervision, how to code in a manner that enhances clinical supervision and implementation considerations.

## **COGNITIVE BEHAVIORAL THERAPY\*\***

14 Hours: Meets OBH CAS requirement, NBCC & NAADAC

Date(s): August 23-24, 2021  
December 2-3, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

**Thea Wessel, LPC, LAC, MAC**

CBT is an evidenced-based treatment and is foundational to the addiction treatment field. Participants will learn the theoretical foundations of CBT and how to incorporate CBT skills in a comprehensive treatment strategy that includes intake, assessment, case conceptualization, treatment planning, and therapy. Counselors will learn and practice effective ways to utilize the tools specific to CBT with their clients.

## **CO-OCCURRING DISORDERS\*\***

14 Hours: Meets OBH CAS requirement, Domestic Violence, NBCC & NAADAC

Date(s): July 15-16, 2021  
November 18-19, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

For the purposes of this class, co-occurring disorders refers to co-occurring substance use and mental health disorders. The class will focus on the interrelationship of these disorders and the differing needs of this population group. The class is structured to meet the needs of addiction counselors to aid in coordinating integrated treatment services to more effectively treat the whole person. It will discuss three types of substance abuse programs: addiction only services, dual diagnosis capable, and dual diagnosis enhanced. Evidence-based treatment approaches with co-occurring disorders will be presented along with elements of treatment planning, importance of diagnosis and the use of medications to enhance treatment. The primary resource is SAMHSA TIP 42 "Substance Abuse Treatment for Persons with Co-occurring Disorders."

## **CULTURALLY INFORMED TREATMENT\***

14 Hours: Meets OBH CAT requirement, NBCC & NAADAC

Date(s): August 26-27, 2021  
November 8-9, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

This class introduces aid the counselor in working with culturally diverse individuals, explores barriers to treatment and recovery, and presents recommended treatment approaches for diverse populations. The importance of cultural diversity as a factor in

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substance use disorder treatment will be discussed and cultural competency will be defined. This class will provide an opportunity for the student/participant to explore their attitudes and beliefs regarding working with various cultural groups.

## **DECISION MAKING**

7 Hours: Continuing Education, NBCC & NAADAC

Date: August 13, 2021

November 17, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

We often second guess, regret or doubt our decisions regardless of the magnitude of the decision. This class will help sort through why we struggle with decisions and provide awareness, insight and skills to aid us in the process of decision making.

Objectives: 1. Recognize the multiple layers of influence and dynamics involved in making any decision. 2. Learning the components of choices. 3. Learning the skills and strengths needed to implement or act on those choices with clarity and integrity.

## **DOMESTIC VIOLENCE**

The following Domestic Violence courses are offered to meet the Colorado Provider requirements (Domestic Violence Offender Management Board – 303 239-4456). The DVOMB does not pre-approve courses at any training facility, and we do not offer all the necessary courses required. Please call the DVOMB for a summarized copy of the new Colorado Domestic Violence Counselor requirements. Or you may visit their website to download an application.

[http://dcj.state.co.us/odvsom/Domestic\\_Violence/application.html](http://dcj.state.co.us/odvsom/Domestic_Violence/application.html)

## **DOMESTIC VIOLENCE: ANGER MANAGEMENT**

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: July 16, 2021

November 19, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Peter Di Leo, MA, LPC**

This class is not offered as an alternative for domestic violence treatment; rather, it is an in-depth look at one essential component of treatment for many client profiles. Participants will gain a greater understanding of this issue as well as practical techniques for working with angry clients.

## **DOMESTIC VIOLENCE: GAY, LESBIAN, BISEXUAL AND TRANSGENDER COUNSELING ISSUES**

14 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: September 9-10, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer: Peter Di Leo, MA, LPC**

This course will explore a range of issues which can arise in counseling Gay, Lesbian, Bisexual and Transgender clients, particularly regarding Domestic Violence interventions. Topics range from “identity and coming-out” through “homophobia and civil rights” to “life-partnerships and co-parenting.” The course will emphasize treatment planning and accessibility, and it will address rapidly growing terminologies and unique power-and-control dynamics as well as multiple assessment models, tools, and resources. Illustrative video excerpts will enhance the participant’s experience.

## **DOMESTIC VIOLENCE: UNDERSTANDING PERSONALITY CLUSTERS**

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: August 20, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Peter Di Leo, MA, LPC**

This class presents an overview of a psychologically integrated model of domestic violence intervention, including a review of the MCMI-III data and batterer typologies. Both risk assessment and treatment planning will be discussed and applied to case studies.

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## **ETHICAL PRACTICE IN ADDICTION TREATMENT\***

14 Hours: Meets OBH CAT requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): July 12-13, 2021

October 7-8, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Thea Wessel, LPC, LAC, MAC**

**Tracy Hutchinson, LPC, MAC, CAS**

This training will focus on professional and ethical issues specific to the practice of addiction counseling and the treatment of co-occurring disorders. This training will build and strengthen the trainee's knowledge of NAADAC's Code of Ethics, and federal and state rules and regulations that are essential for safe practice. In this training, trainees will be exposed to the Colorado Mental Health Practice Act including the prohibited activities, 42 CFR Part 2, and HIPAA that regulate the practice of psychotherapy including addiction counseling. Trainees will learn about the important roles and activities of OBH (Office of Behavioral Health) and DORA (Department of Regulatory Agencies). In this training, trainees will learn the process of certification and credentialing to legally practice in Colorado. There will be an emphasis on developing critical thinking and ethical decision-making skills. Trainees will learn about the differences between privacy and confidentiality, and exceptions to confidentiality.

## **FAMILY AND TEEN COUNSELING ISSUES**

7 Hours: Continuing Education, NBCC & NAADAC

Date(s): August 16, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

This class will focus on understanding the developmental stage of teenagers from a logical standpoint. How do you parent or counsel parents when teenagers are at a stage where they think they know everything? Material covered in this class will include some information on teenage brain development and how to teach teens when they don't want to learn.

## **GROUP COUNSELING SKILLS\***

21 Hours: Meets OBH CAT requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): September 8-10, 2021

December 27-29, 2021

Cost: \$200

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

**Thea Wessel, LPC, LAC, MAC**

(Pre-requisite is Addiction Counseling Skills)

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This class will help the aspiring addiction counselor to understand the use of group therapy in the addiction treatment field and be able to demonstrate the skills necessary to facilitate a therapy group. The class will focus on the group process and will discuss diversity within groups as well as the many challenges a group leader may face. The class will also present models of effective group practice.

## **HUMOR**

7 Hours: Continuing Education, NBCC & NAADAC

Date: September 17, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

Explore the power of humor as a creative and uplifting intervention. Learn how to lighten up and respect timing, ethics, intuition, professionalism, and compassion!

## **INFECTIOUS DISEASES IN ADDICTION TREATMENT\*\***

14 Hours: Meets OBH CAS requirement, Continuing Education, NBCC & NAADAC

Date(s): August 31-September 1, 2021

December 20-21, 2021

Cost: \$160

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Time: 8:00AM-4:30PM

**Trainer(s): Thea Wessel, LPC, LAC, MAC**

In this training, the focus will be on the complex relationship between the client's drugs of choice, lifestyle choices, and physiological health. Discussions will include immune system health, liver function, harm reduction and specific diseases such as HIV and hepatitis. Strategies will be presented for screening to determine level of risk, referral, and education about disease prevention and treatment.

## **MOTIVATIONAL INTERVIEWING I\***

21 Hours: Meets OBH CAT requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): August 2-4, 2021

October 13-15, 2021

December 6-8, 2021

Cost: \$200

Time: 8:00AM-4:30PM

**Trainer: Tracy Hutchinson, LPC, MAC, CAS**

**Thea Wessel, LPC, LAC, MAC**

(Pre-requisite is Addiction Counseling Skills)

Motivational interviewing is an evidence-based practice with widespread use in addiction counseling and is considered to be crucial to the development of counseling skills for this population. The class will focus on learning the motivational interviewing model. In this training, participants will learn the model of stages of change, the tools for creating an environment where positive change can occur, and practice of the skills. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency in MI.

## **PHARMACOLOGY I\***

14 Hours: Meets OBH CAT requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): August 12-13, 2021

November 1-2, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Thea Wessel, LPC, LAC, MAC**

Training in pharmacology is a cornerstone of addiction counseling and a major part of what differentiates the professional field of addiction counseling from other mental health disciplines. This class will provide a solid base of knowledge about the drugs of abuse including what is happening in human physiology and behaviors.

## **PRINCIPLES OF ADDICTION TREATMENT\***

21 Hours: Meets OBH CAT requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): July 28-30, 2021

September 22-24, 2021

November 15-17, 2021

Cost: \$200

Time: 8:00AM-4:30PM

**Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS**

**Thea Wessel, LPC, LAC, MAC**

This training presents the history and theories of addiction, the competencies required of an addiction counselor and scope of practice, and the NIDA principles of effective treatment. There will be an exploration of current evidence-based practices, addiction counselor certification and licensure in Colorado and levels of care offered for addiction treatment as well as certification requirements and professional readiness for addiction counselors.

## **PROFESSIONAL UPDATES**

4 Hours: Continuing Education, NBCC & NAADAC

Date(s): October 1, 2021

Cost: \$80

Time: 8:00am-12:00pm

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

DORA, OBH, NAADAC, CAAP and other professional trends, rules and resource updates. Review and update of your professional development plans. Question and Answer time.

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## **RELATIONSHIP “TANGO”**

7 Hours: Continuing Education, NBCC & NAADAC

Date: July 23, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

Learn to recognize and navigate repetitive patterns in your life and how that relates to decisions within your family, work and love relationships. In this class, we will learn to understand how and why masculine and feminine energies influence your decisions and actions. Find clarity, rhythm, and balance in the lead/follow “dance” of life.

## **TRAUMA INFORMED CARE FOR DIVERSE POPULATIONS\***

14 Hours: Meets OBH CAT Requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): September 13-14, 2021

December 16-17, 2021

Cost: \$160

Time: 8:00AM-4:30PM

**Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS**

This class will introduce the counselor to the concept of trauma-informed care, an approach that is being adopted more frequently within the human services fields based upon an increased awareness of the ways in which trauma impacts functioning. It will describe and define what trauma informed care is and ways in which a traditional treatment setting can be modified to increase the sense of safety experienced by consumers. Students will learn how to incorporate trauma-informed practices into treatment with diverse populations, such as military veterans, women, people with co-occurring disorders and other groups.

## **TREATING DIVERSE POPULATIONS\*\***

14 Hours: Meets OBH CAS Requirement, NBCC & NAADAC

Date(s): August 5-6, 2021

November 11-12, 2021

Cost: \$160

**Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS**

Time: 8:00AM-4:30PM

Addiction counselors work to improve people's lives by identifying and treating the effects of substance abuse disorders. Addiction counselors may work with people from the public or they may specialize in specific populations, such as gender specific, persons involved in the criminal justice system, families, LGBTQIA, veterans and the opioid overuse epidemic. This course will provide a more in-depth overview of the diverse populations in the addiction treatment realm.

## **VERBAL DE-ESCALATION**

7 Hours: Continuing Education, NBCC & NAADAC

Date: October 29, 2021

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer: Tracy L. Hutchinson, LPC, MAC, CAS**

Strategies for dealing with escalating clients, using awareness, verbal skills, and non restraining physical protective maneuvers. We will be addressing the components and process of escalation, debriefing and teaching moments, as well as counselor self care.