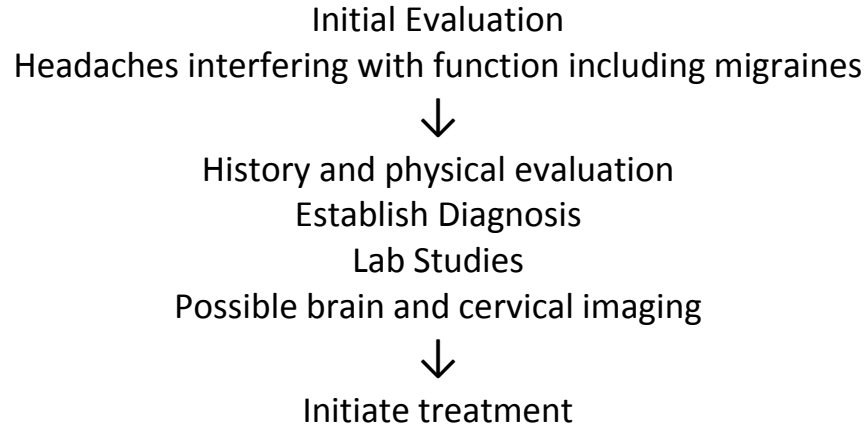


Headache Treatment Algorithm



Non – Pharmacological	Abortive Medications – limit use to prevent medication overuse headache	Preventative Medications – to be used if 2+ headaches per week or increased severity or duration
Education and identification of triggers	NSAIDs and/or acetaminophen	Tricyclic antidepressants: amitriptyline or nortriptyline
Physical therapy	Sumatriptan and other “triptans” for migraine type headache	Propranolol
Relaxation techniques	An anti-emetic may accompany the medications in either of the above cells (metoclopramide, promethazine, or prochlorperazine)	Anti-epileptics: topiramate, valproic acid
Acupuncture		SNRIs or SSRIs may also be useful for some patients (such as venlafaxine)

Adapted from: Colorado Department of Labor and Employment Division of Workers’ Compensation, Rule 17, Exhibit 2A: Mild Traumatic Brain Injury Medical Treatment Guideline. Revised 12/7/18, Effective 1/30/19.