**Anaphylaxis**  
**Referral Guide:**  
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**Allergy**

### Diagnosis/Definition:

A symptom complex which may be present with severity ranging from mild (e.g. urticaria only) to severe with life threatening hypotension and respiratory compromise. Repeat exposure may result in a more severe reaction.

### Initial Diagnosis and Management:

The precipitating factor should be identified as definitively as possible. Patient self-assessment of the potential allergen may not be accurate.

### Ongoing Management and Objectives:

### Indications for Specialty Care Referral:

Assistance is needed in diagnosis, treatment or preventive planning. Patients who have presented with potentially life threatening anaphylactic reactions should be subsequently referred. It is important to consider ACE inhibitors as the source of this problem in patients who are taking them.

### Test(s) to Prepare for Consult:

<table>
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<th>Test(s) Consultant May Need To Do:</th>
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### Criteria for Return to Primary Care:

### Revision History:

**Created**  
**Revised**

**Disclaimer:** Adherence to these guidelines will not ensure successful treatment in every situation. Further, these guidelines should not be considered inclusive of all accepted methods of care or exclusive of other methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding the appropriateness of any specific procedure, therapy, or referral must be made by the physician/provider in light of all circumstances presented by an individual patient.