## Guideline for the Management of Catheter-Associated Urinary Tract Infection (CA-UTI) and Bacteriuria in Non-Pregnant Adults

**Key Points to Optimize Antibiotic Use for CA-UTI** 

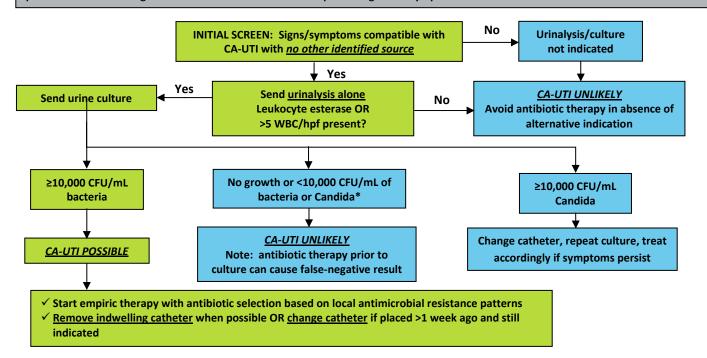
- Do not obtain urinalysis or culture unless signs and symptoms compatible with CA-UTI are present
- Do not treat pyuria (>5 WBC/hpf) and/or bacteriuria in the absence of signs or symptoms of infection
- Use the narrowest spectrum antibiotic possible based on culture results as below
- Treat for the shortest recommended duration of therapy as below

Signs and Symptoms Compatible with CA-UTI

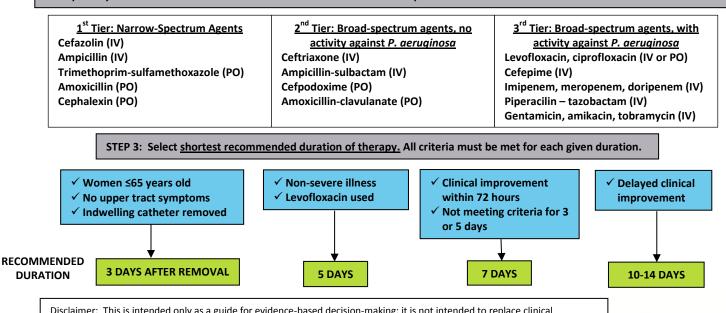
- New onset / worsening fever
- Rigors
- Altered mental status
- Flank pain
- Costovertebral angle tenderness
- Acute hematuria
- Pelvic discomfort
- Malaise / lethargy

 If catheter removed: dysuria, frequency, urgency, suprapubic pain / tenderness

STEP 1: Determine if indication for antibiotic therapy exists. Pyuria and/or bacteriuria/candiduria without infection are common in patients with indwelling catheters. Do not treat unless compatible signs and symptoms.



STEP 2: When infecting pathogen identified, change therapy to narrowest-spectrum agent possible (prioritize tier  $1\rightarrow 2\rightarrow 3$ ) based on susceptibility results. Note: antibiotics listed below are not inclusive of all potential choices.



<u>Disclaimer:</u> This is intended only as a guide for evidence-based decision-making; it is not intended to replace clinical judgment. Assess for antibiotic allergies and renally dose agents as appropriate.

<u>Reference:</u> Diagnosis, Prevention, and Treatment of Catheter-Associated Urinary Tract Infection in Adults: 2009 International Clinical Practice Guidelines from the Infectious Diseases Society of America. *Clin Infect Dis* 2010; 50:625–663

