### Dupuytrens Contracture

#### Referral Guide:

**Ortho**

### Diagnosis/Definition:

Dupuytrens contracture.

### Initial Diagnosis and Management:

Soft tissue band in the palm of the hand could be just a nodule no management.

### Ongoing Management and Objectives:

Check progress of deformity.

### Indications for Specialty Care Referral:

MP flexion loss greater than 20-30 degrees painful grip, interference with ability to function.

### Test(s) to Prepare for Consult:

| None |

### Test(s) Consultant May Need To Do:

| None |

### Criteria for Return to Primary Care:

Full healing and restoration of motion have been completed, no primary care follow-up indicated.

### Revision History:

- **Created**: 
- **Revised**: 

### Disclaimer:

Adherence to these guidelines will not ensure successful treatment in every situation. Further, these guidelines should not be considered inclusive of all accepted methods of care or exclusive of other methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding the appropriateness of any specific procedure, therapy, or referral must be made by the physician/provider in light of all circumstances presented by an individual patient.