Proteinuria	Referral Guide: Page 1 of 1		Nephrology
Diagnosis/Definition:			
Proteinuria is the presence of urinary protein in concentrations greater than 100 mg/dl (1 + 2+) in a random urine collection on two or more occasions. Specimens must be clean, voided midstream, or obtained by catheterization.			
Initial Diagnosis and Management:			
Quantitation of proteinuria by spot urine protein creatinine ratio.			
Ongoing Management and Objectives:			
ACEI or ARB Blood pressure control (<130/80) Decrease proteinuria			
Indications for Specialty Care Referral:			
Any patient without diabetes mellitus with >2g protein/24 hours or Patients with diabetes mellitus with >4g protein/24 hours			
Test(s) to Prepare for Consult:		Test(s) Consultan	t May Need To Do:
Spot urine protein and creatinine to degree of proteinuria, urinalysis with CBC	n micro, Chem 7,		
Criteria for Return to Primary Care:			
Diagnosis established, blood pressure controlled.			
Revision History: Created Revised			

Disclaimer: Adherence to these guidelines will not ensure successful treatment in every situation. Further, these guidelines should not be considered inclusive of all accepted methods of care or exclusive of other methods of care reasonably directed to obtaining the same results. The ultimate judgment regarding the appropriateness of any specific procedure, therapy, or referral must be made by the physician/provider in light of all circumstances presented by an individual patient.