

JANUARY 2018 TO JUNE 2018



## Behavioral Health Services

# COUNSELOR TRAINING PROGRAMS

Addiction (CAC) Certification • Domestic Violence Treatment Provider • National Gambling Certification  
Treating Sexual Perpetrators • Corrections Workshops

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NBCC (National Board for Certified Counselors) & NAADAC (The Association for Addiction Professionals)  
College approved • Credit Available For Certain Classes

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Email: [Training@dhha.org](mailto:Training@dhha.org)  
Phone: (303) 436-3570 Fax: (303) 436-4023  
[www.denverhealth.org/bhstraining](http://www.denverhealth.org/bhstraining)





## TRAINING OFFERED BY DENVER HEALTH

Welcome to the Behavioral Health Services Counselor Training Center at Denver Health. As the oldest and most trusted training facility in the area, we offer many classes to meet specific requirements for both Colorado and national counselor certifications, as well as continuing education for professional development. As derived by the competencies created by OBH, all required classes seek to enhance the ability of the counselor to offer treatment services in a manner that respects gender, race and ethnicity, sexual orientation, cultural, familial, systemic and socioeconomic diversity.

Our training center is conveniently located in downtown Denver at 1155 Cherokee Street in room 265. You may reach us by phone at (303) 436-3570 or by emailing us at Training@dhha.org. You may also visit our website for updates at: [www.denverhealth.org/bhstraining](http://www.denverhealth.org/bhstraining)

*We look forward to working with you!*

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(\*, \*\*, and \*\*\*) denote that class meets OBH/DORA required course status for CAC I, II, and III courses.

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# JANUARY 2018 THROUGH JUNE 2018 CALENDAR

(\*, \*\*, and \*\*\*) denote that class meets OBH/DORA CAC required course category

## JANUARY

- 22-23 Professional Ethics 1
- 23 Anger Management
- 24-26 Principles of Addiction Treatment
- 29-30 Advanced Motivational Interviewing
- 31 Verbal De-Escalation

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- 2 DV: Understanding Personality Clusters
- 5-7 Addiction Counseling Skills
- 5-7 Clinical Supervision 1
- 8-9 Pharmacology 1
- 14-16 Motivational Interviewing
- 19 Relationship “Tango”
- 26-28 Group Counseling Skills
- 27-28 Infectious Diseases

## MARCH

- 1-2 Professional Ethics 2
- 5-6 Pharmacology 2
- 8-9 Client Record Management
- 12-13 Cognitive Behavioral Therapy
- 12-13 Clinical Supervision 2
- 14-16 Addiction Counseling Skills
- 15-16 DV: Intimate Partner Abuse and Its Impact
- 19-20 Trauma Informed Care
- 26-27 Clinical Assessment and Treatment Planning

## APRIL

- 2-4 Principles of Addiction Treatment
- 3-4 Advanced Motivational Interviewing
- 9-11 Motivational Interviewing
- 12-13 Culturally Informed Treatment
- 16 Humor
- 17-18 Pharmacology 1
- 20 Professional Practice
- 23-24 Co-Occurring Disorders
- 24 The Role of Nutrition in Behavioral Health
- 26-27 Gay, Lesbian, Bisexual and Transgender Counseling Issues
- 26-27 Professional Ethics 1

## MAY

- 10-11 Pharmacology 2
- 14 Suicide and Homicide Assessment and Intervention
- 16-18 Addiction Counseling Skills
- 22 Decision Making
- 23-25 Clinical Supervision 1
- 29-30 Cognitive Behavioral Therapy

## JUNE

- 4-5 Infectious Diseases
- 4-6 Group Counseling Skills
- 11-12 Professional Ethics 2
- 13-14 Clinical Assessment and Treatment Planning
- 18 Family and Teen Counseling Issues
- 18-19 Client Record Management
- 25-26 Clinical Supervision 2
- 27-29 Motivational Interviewing



January 2018						
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# OFFICE OF BEHAVIORAL HEALTH COUNSELOR CERTIFICATION TRAINING REQUIREMENTS

For more information, including information for applicants holding a Clinical Masters or Doctorate degree, please contact Behavioral Health Services Training Center (303) 436-3570, Training@dhha.org, or mail to 1155 Cherokee Street Denver, CO 80204

For Colorado CAC Regulations and application visit: <http://www.colorado.gov/cs/Satellite/DORA-Reg/CBON/DORA/1251631998670>

## CAC LEVEL I

High school diploma/GED

**1000 hours** of supervised work experience

**3 hours** of clinical supervision\* per month for full time work

- 21 hours Addiction Counseling Skills
- 14 hours Client Records Management
- 21 hours Principles of Addiction Treatment
- 14 hours Professional Ethics I: Ethics and Jurisprudence
- 14 hours Culturally Informed Treatment
- 14 hours Infectious Diseases in Addiction Treatment
- 14 hours Pharmacology

## CAC LEVEL II

High school diploma/GED

**2000 hours** of supervised work experience beyond the CAC I

(total 3000 hours for CAC II application)

**3 hours** of clinical supervision\* per month for full time work

CAC I training plus:

- 14 hours Professional Ethics II (Pre-requisite Ethics I)
  - 21 hours Motivational Interviewing (Pre-requisite is Addiction Counseling Skills)
  - 14 hours Cognitive Behavioral Therapy
  - 21 hours Group Counseling Skills
  - 14 hours Pharmacology II (Pre-requisite Pharmacology I)
  - 14 hours Clinical Assessment and Treatment Planning (Pre-requisite Client Record Management)
  - 14 hours Co-Occurring Disorders
  - 14 hours Trauma Informed Care for Diverse Populations
- Applicant must also pass the National Examination

## CAC LEVEL III

Bachelor's Degree in a Behavioral Health Science

**2000 hours** of supervised work experience beyond the CAC II

(total 5000 hours for CAC III application)

**2 hours** of clinical supervision\* per month for full time work

CAC II Certification plus:

- 21 hours Clinical Supervision I
- 14 hours Advanced Motivational Interviewing (Pre-requisite is Motivational Interviewing)
- 14 hours Clinical Supervision II (Pre-requisites are Advanced Motivational Interviewing & Clinical Supervision I)
- 7 hours Professional Practice

Applicant must also pass the National Examination

\*Three (3) hours of clinical supervision per month is required until the CAC II is awarded, then three (3) hours per month until the CAC III is awarded, and then two (two) hours of consultation monthly. For less than full time work, supervision may be prorated but must be no less than one hour per month.

## LICENSED ADDICTION COUNSELORS (LAC)

As of January 1, 2007, pursuant to C.R.S. 24-34-107, a person may be eligible/apply for a licensure (LAC) if he/she meets the following:

- A. Hold a valid certificate (in good standing) of addiction counseling, Level III or meet all requirements of addiction counseling Level III (see Section 14.500 for specific requirements); and,
- B. Possess a Master's Degree or higher degree in the social sciences or an equivalent program from a regionally accredited institution (see Section 14.600, B, 2).
- C. Pass a national examination administered by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) or by the successor of that organization. The examination must have been taken after the Master's Degree (used for licensure) has been conferred. The examination required for licensed addiction counselor shall be the NAADAC/National Board for Certified Counselors (NBCC) Masters Addiction Counselor examination

## CREDITS & APPROVAL

OBH, DORA, Domestic Violence, NAADAC, and/or NBCC state and/or national recognition is indicated for each course listing. OBH/DORA approval categories for Certified Addiction Counselor (CAC) are levels I, II, III, and Licensure. Our courses meet respective CAC requirements and are denoted by \*, \*\*, or \*\*\*; while others are approved as continuing education.

**OBH** (Office of Behavioral Health) 303-866-7400 or visit their website at <http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251581469074> for more information.

**DORA** (Department of Regulatory Agencies) 303-894-7766 or visit their website at <http://www.colorado.gov/cs/Satellite/DORA-Reg/CBON/DORA/1251631998670> for more information. To check on a CAC application, or to ask questions regarding college equivalency, please call (303) 894-7756.

**Domestic Violence** courses at BHS Training are offered to meet the Colorado Provider Requirement. The DVOMB (Domestic Violence Offender Management Board) does NOT pre-approve classes at any facility. For more information, including requirements and application information, visit their website at [http://dcj.state.co.us/odvsom/Domestic\\_Violence/](http://dcj.state.co.us/odvsom/Domestic_Violence/) or contact Dana at 303-239-4442.

**NAADAC** (The Association for Addiction Professionals) has approved our courses under Education Provider #000114 for NCAC I, II, and MAC. [www.naadac.org](http://www.naadac.org). See CAAP for NCAC II Test Registration (Course Test Out procedure).

**NBCC** BHS Training is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events (or programs) that meet NBCC requirements. Sessions (or programs) for which NBCC-approved clock hours will be awarded are identified in the program bulletin (or in the catalogue or Web site). The ACEP is solely responsible for all aspects of the program." ACEP # 5944

**Metropolitan State College** – If you are interested in pursuing a degree in Addiction Studies, credit from CAC classes is available for specific courses at Metro State. Please visit their website at <http://www.msudenver.edu/> or contact Scott DeMuro at 303-556-8474 or via email at [demuro@msudenver.edu](mailto:demuro@msudenver.edu).

## IMPORTANT INFORMATION

**Contact:** Phone 303-436-3570, Fax 303-436-4023, Email: [training@dhha.org](mailto:training@dhha.org). Training office hours are 8:00AM-4:30PM, Monday – Friday.

**Class information:** All classes are held from 8:00AM-4:30PM. Students must be in class during that time. Students are asked to arrive on time to their classes. Students cannot come late or leave early and still receive OBH credit or a monetary credit, under any circumstances.

**Payment and cancellation information:** Full payment is required at the time of course registration. If a student needs to cancel a class, written documentation must be sent 7 days prior to class in order to receive a full refund. Cancellations made after those 7 days might be issued a credit at the discretion of the training department. If a student fails to cancel class before the class begins, there will be no credit issued under any circumstances. Due to limited class size: Addiction Counseling Skills, Advanced Motivational Interviewing, Clinical Supervision 1, Clinical Supervision 2, and Group Counseling Skills have a no refund/credit policy.

**Registrations:** Registrations are accepted on a first-come, first-serve basis. Some courses have maximum limits. And all classes have a minimum enrollment in order for the class to proceed. Should minimum enrollment be insufficient, the class will be cancelled and the student will be notified within approximately 3 business days of the class start date. In this instance, the student will be fully refunded, or he/she may elect to enroll in another class. Refund processing takes 3-4 weeks and requires a SSN or Tax ID number to be processed. No exceptions can be made to these requirements.

**Location:** The BHS Training Center is located in downtown Denver on the second floor of the Denver CARES building at 1155 Cherokee Street (two blocks south of the City and County Building). Parking (pay lots) are available one-quarter block north on both sides of the street. There are 12 parking lots around our location. Please see the map at the back of this brochure for locations. There is some street parking available, however, it is limited. Early arrival is recommended for students wishing to utilize this option.

**College Credit:** Please visit DORA's website at <http://www.colorado.gov/cs/Satellite/DORA-Reg/CBON/DORA/1251631998670> or contact a DORA representative at 303-894-7766 for information regarding college credit and/or college equivalency. DORA is the only organization approved to evaluate college course work. The BHS Training Department does not evaluate courses for college credit.

**Financial Aid:** Unfortunately we do not offer financial aid at our facility. However, we do welcome scholarships, providing that the check is made payable to BHS (Behavioral Health Services). Please contact Allison Pohlmann if you have questions regarding this process (303) 436-3570.

\*You may also check for financial assistance with either the Division of Vocational Rehabilitation, or the Colorado Department of Labor and Employment (WIA – Workforce Investment Act funding). BHS Training is an approved training provider with both organizations. Our approved provider name for WIA is COTNHBC (Program name 530203). Please note that both organizations, as well as their availability of financial funding, will vary depending on the county in which you live.

## OBH/DORA REQUIRED CAC AND ELECTIVE COURSES

PLEASE CALL 303-436-3570 OR EMAIL US AT [Training@dhha.org](mailto:Training@dhha.org) TO SIGN UP.  
(\* , \*\* , and \*\*\*) denote that class meets OBH/DORA CAC required course category



### ADDICTION COUNSELING SKILLS\*

21 Hours: Meets OBH CAC I requirement, Domestic Violence, NBCC & NAADAC

Date(s): February 5-7, 2018  
March 14-16, 2018  
May 16-18, 2018

Cost: \$180

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAC III

Ann Garrett, LCSW, CAC III, MAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged. This basic counseling skills class teaches a client-centered, counselor-directed model using a motivational style. The training is designed to provide counselors with a framework for working with clients with substance use disorders. The counselor will experience and learn the counseling skills to support the client to move through identifying and changing behaviors. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency.

**“Welcome to our training program! You will find our training facility, trainers, and friendly customer service a wonderful experience.”**

### ADVANCED MOTIVATIONAL INTERVIEWING\*\*\*

14 Hours: OBH CAC III requirement, Domestic Violence, NBCC & NAADAC

Date(s): January 29-30, 2018  
April 3-4, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Motivational Interviewing I)

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. Early registration is strongly encouraged. This advanced training will serve as a booster session for Motivational Interviewing skills for the counselor as well as introducing advanced motivational interviewing skills including strategic use of MI, ethical quandaries, resistance skills, basic coding skills, elicitation of change talk, developing change plans and deepening commitment language.



### ANGER MANAGEMENT

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: January 23, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class is not offered as an alternative for domestic violence treatment; rather, it is an in-depth look at one small component of treatment for many client profiles. Participants will gain a greater understanding of this issue as well as practical techniques for working with angry clients.

### CLIENT RECORD MANAGEMENT\*

14 Hours: Meets OBH CAC I requirement, NBCC & NAADAC

Date(s): March 8-9, 2018  
June 18-19, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Ann Garrett, LCSW, CAC III, MAC

This class is designed to provide the counselor with an understanding of a clinical record. This class will include an introduction to diagnosing substance abuse and dependence using the DSM IV TR. It will also include an introduction to the ASAM Patient Placement Criteria. Participants in this training will learn how to properly document for the clinical record including intake documents and interpretative summaries; the use of screening and assessment instruments; releases of information; treatment plans; progress notes; and discharge summaries.

### CLINICAL ASSESSMENT AND TREATMENT PLANNING\*\*

14 Hours: Meets OBH CAC II requirement, Domestic Violence, NBCC & NAADAC

Date(s): March 26-27, 2018  
June 13-14, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

(Pre-requisite is Client Record Management)

Participants in this clinical assessment and treatment planning class learn how to conduct effective and appropriate screenings and assessments using a biopsychosocial approach. This will include identifying problem domains, cultural needs, diagnostic impressions, strengths and supports among others. There will be an emphasis on assessment for co-occurring disorders. The basics of treatment planning will be reviewed and practice will include creating a treatment plan for a client with a co-occurring mental health and substance use disorder.





**CLINICAL SUPERVISION I\*\*\***

21 Hours: Meets OBH CAC III requirement, Domestic Violence, NBCC & NAADAC

Date(s): February 5-7, 2018  
May 23-25, 2018

Cost: \$180

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

Tracy Hutchinson, LPC, MAC, CAC III

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This training is designed to help a counselor learn the models of supervision and tools necessary to use as a standard of supervision practice. In this course the counselor will be exposed to supervision that is tailored to the supervisee’s developmental level of experience. Ethical supervisory practices, including supervision contracts and work verification practices, will be discussed. Videotaping and feedback will assist the counselors in developing a standard level of supervisory skills proficiency.



**CLINICAL SUPERVISION II\*\*\***

14 Hours: Meets OBH CAC III requirement, Domestic Violence, NBCC & NAADAC

Date(s): December 19-20, 2017  
March 12-13, 2018  
June 25-26, 2018 (dates may change)

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Scott DeMuro, PhD  
Chaya Abrams, LPC, LAC

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable. (Pre-requisites are Clinical Supervision I and Advanced Motivational Interviewing)

Clinical supervision II is designed to reinforce the motivational interviewing skills of the supervisor through the use of the MIA:STEP process. MIA:STEP (Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency) will be utilized as a format of supervision. Specialized techniques, coaching, coding, teaching, and use of video or audio in supervision will be discussed. May use videotaping of practice sessions.

**“We are excited to have new, experienced trainers join our program for CAC training”**

**COGNITIVE BEHAVIORAL THERAPY\*\***

14 Hours: Meets OBH CAC II requirement, NBCC & NAADAC

Date(s): March 12-13, 2018  
May 29-30, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

CBT is an evidenced-based treatment and is foundational to the addiction treatment field. Participants will learn the theoretical foundations of CBT and how to incorporate CBT skills in a comprehensive treatment strategy that includes intake, assessment, case conceptualization, treatment planning, and therapy. Counselors will learn and practice effective ways to utilize the tools specific to CBT with their clients.

**“Don’t forget about your Professional Development Plan! Continuing education classes are a great way to obtain hours toward this requirement!”**

**CO-OCCURRING DISORDERS\*\***

14 Hours: Meets OBH CAC II requirement, Domestic Violence, NBCC & NAADAC

Date(s): April 23-24, 2018  
July 12-13, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

For the purposes of this class, co-occurring disorders refers to co-occurring substance use and mental health disorders. The class will focus on the interrelationship of these disorders and the differing needs of this population group. The class is structured to meet the needs of addiction counselors to aid in coordinating integrated treatment services to more effectively treat the whole person. It will discuss three types of substance abuse programs: addiction only services, dual diagnosis capable, and dual diagnosis enhanced. Evidence-based treatment approaches with co-occurring disorders will be presented along with elements of treatment planning, importance of diagnosis and the use of medications to enhance treatment. The primary resource is SAMHSA TIP 42 “Substance Abuse Treatment for Persons with Co-occurring Disorders.”



## **CULTURALLY INFORMED TREATMENT\***

14 Hours: Meets OBH CAC I requirement, NBCC & NAADAC

Date(s): December 18-19, 2017

April 12-13, 2018

July 26-27, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

This class provides an introduction to aid the counselor in working with culturally diverse individuals, explores barriers to treatment and recovery, and presents recommended treatment approaches for diverse populations. The importance of cultural diversity as a factor in substance use disorder treatment will be discussed and cultural competency will be defined. This class will provide an opportunity for the student/participant to explore their attitudes and beliefs regarding working with various cultural groups.



## **DECISION MAKING**

7 Hours: Continuing Education, NBCC & NAADAC

Date: May 22, 2018

Cost \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

We often second guess, regret or doubt our decisions regardless of the magnitude of the decision. This class will help sort through why we struggle with decisions and provide awareness, insight and skills to aid us in the process of decision making.

Objectives: 1. Recognize the multiple layers of influence and dynamics involved in making any decision. 2. Learning the components of choices. 3. Learning the skills and strengths needed to implement or act on those choices with clarity and integrity.

## **DOMESTIC VIOLENCE**

The following Domestic Violence courses are offered to meet the Colorado Provider requirements (Domestic Violence Offender Management Board – 303 239-4456). The DVOMB does not pre-approve courses at any training facility, and we do not offer all of the necessary courses required. Please call the DVOMB for a summarized copy of the new Colorado Domestic Violence Counselor requirements. Or you may visit their website to download an application.

[http://dcj.state.co.us/odvsom/Domestic\\_Violence/application.html](http://dcj.state.co.us/odvsom/Domestic_Violence/application.html)

## **DOMESTIC VIOLENCE: INTIMATE PARTNER ABUSE AND ITS IMPACT**

14 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: March 15-16, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This introductory course identifies patterns of abuse in relationships and prepares participants to intervene appropriately and effectively. Day one will focus on issues of Intimate Partner Abuse and dynamics in perpetrator treatment. Day two will cover Impact of Violence on Intimate Partner and explore community response and containment, from arrest through aftercare, and will include victim and family considerations as well as standers for intervention and care. Guest speakers will be featured.

## **DOMESTIC VIOLENCE: UNDERSTANDING PERSONALITY CLUSTERS**

7 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: February 2, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class presents an overview of a psychologically integrated model of domestic violence intervention, including a review of the MCMI-III data and batterer typologies. Both risk assessment and treatment planning will be discussed and applied to case studies.

## **FAMILY AND TEEN COUNSELING ISSUES**

7 Hours: Continuing Education, NBCC & NAADAC

Date: June 18, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

This class will focus on understanding the developmental stage of teenagers from a logical standpoint. How do you parent or counsel parents when teenagers are at a stage where they think they know everything? Material covered in this class will include some information on teenage brain development and how to teach teens when they don't want to learn.



## **GAY, LESBIAN, BISEXUAL AND TRANSGENDER COUNSELING ISSUES**

14 Hours: Domestic Violence, Continuing Education, NBCC & NAADAC

Date: April 26-27, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This course will explore a range of issues, which arise in counseling, gay, lesbian, bisexual, transgender clients. Topics range from "identity and coming-out" through "homophobia and civil rights" to "life-partnerships and co-parenting" The course will emphasize treatment planning and accessibility and address assessment models, tools, and resources. Guest speakers will enhance the participant's experience.

**"We offer a wide array of classes, as well as a flexible schedule to accommodate your availability needs."**

## GROUP COUNSELING SKILLS\*\*

21 Hours: Meets OBH CAC II requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): February 26-28, 2018  
June 4-6, 2018

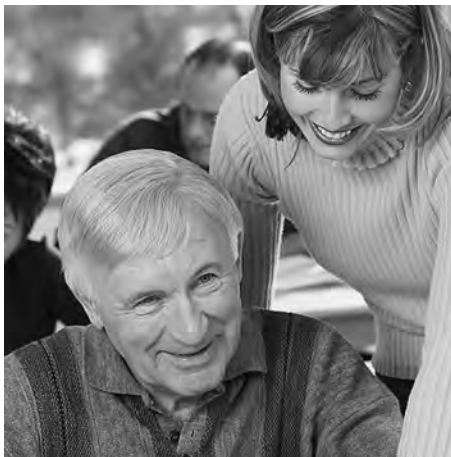
Cost: \$180

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is non-transferable and non-refundable.

This experiential training covers the process of change as it relates to the dynamics of an effective group experience and the qualities of group facilitation. Models of group therapy, the use of observation and feedback, group relational experience, and cultural diversity within groups will be discussed and experienced in classroom group exercises. Videotaping feedback may be used.



## HUMOR

7 Hours: Continuing Education, NBCC & NAADAC

Date: April 16, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Explore the power of humor as a creative and uplifting intervention. Learn how to lighten up and respect timing, ethics, intuition, professionalism and compassion!

**“We offer evidence based training for today’s working professionals.”**

## INFECTIOUS DISEASES IN ADDICTION TREATMENT\*

14 Hours: Meets OBH CAC I requirement, Continuing Education, NBCC & NAADAC

Date(s): December 20-21, 2017  
February 27-28, 2018  
June 4-5, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Thea Wessel, LPC, LAC, MAC

In this training, the focus will be on the complex relationship between the client’s drugs of choice, lifestyle choices, and physiological health. Discussions will include immune system health, liver function, harm reduction and specific diseases such as HIV and hepatitis. Strategies will be presented for screening to determine level of risk, referral, and education about disease prevention and treatment.

## MOTIVATIONAL INTERVIEWING I\*\*

21 Hours: Meets OBH CAC II requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): December 6-8, 2017  
February 14-16, 2018  
April 9-11, 2018  
June 27-29, 2018

Cost: \$180

Time: 8:00AM-4:30PM

Trainer: Tracy Hutchinson, LPC, MAC, CAC III

(Pre-requisite is Addiction Counseling Skills)

Motivational interviewing is an evidence-based practice with widespread use in addiction counseling and is considered to be crucial to the development of counseling skills for this population. The class will focus on learning the motivational interviewing model. In this training, participants will learn the model of stages of change, the tools for creating an environment where positive change can occur, and practice of the skills. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency in MI.

## PHARMACOLOGY I\*

14 Hours: Meets OBH CAC I requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): February 8-9, 2018  
April 17-18, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Jean Armour, MA, LPC, BSN, CAC III

Thea Wessel, LPC, LAC, MAC

Training in pharmacology is a cornerstone of addiction counseling and a major part of what differentiates the professional field of addiction counseling from other mental health disciplines. This class will provide a solid base of knowledge about the drugs of abuse including what is happening in human physiology and behaviors.

**“Our convenient downtown location offers many places to enjoy your lunch. Many of these places are within walking distance.”**

## PHARMACOLOGY II\*\*

14 Hours: Meets OBH CAC II requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): March 5-6, 2018  
May 10-11, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Jean Armour, MA, LPC, BSN, CAC III

Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Pharmacology I – strictly enforced)

Pharmacology II will explore the influence of contextual variables on addiction and recovery from a neuropsychological and cultural framework. Functional changes to the brain and the brain’s ability to recover after exposure to drugs of addiction and other behavioral addictions, medical problems associated with substance abuse, and the use of pharmacological assists in recovery will be discussed.

**“We now accept American Express as a form of payment!”**



## PRINCIPLES OF ADDICTION TREATMENT\*

21 Hours: Meets OBH CAC I requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): January 24-26, 2018

April 2-4, 2018

July 23-25, 2018

Cost: \$180

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAC III

Ann Garrett, LCSW, CAC III, MAC

This training presents the history and theories of addiction, the competencies required of an addiction counselor and scope of practice, and the NIDA principles of effective treatment. There will be an exploration of current evidence-based practices, addiction counselor certification and licensure in Colorado and levels of care offered for addiction treatment as well as certification requirements and professional readiness for addiction counselors.

**“We are now pleased to announce the addition of free WiFi to our students.”**

## PROFESSIONAL ETHICS 1: ETHICS AND JURISPRUDENCE\*

14 Hours: Meets OBH CAC I requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): January 22-23, 2018

April 26-27, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC, CAC III

Thea Wessel, LPC, LAC, MAC

This class focuses on ethical practice in counseling clients with substance use disorders and other behavioral disorders. It includes an overview of ethical decision making models, confidentiality, code of ethics and the federal confidentiality regulation 42 CFR, Part 2. The Colorado Mental Health Practice Act will be discussed to include disciplinary procedures, prohibited activities and the role of the Department of Regulatory Agencies.

## PROFESSIONAL ETHICS 2\*\*

14 Hours: Meets OBH CAC II requirement, Continuing Education, NBCC & NAADAC

Date(s): December 11-12, 2017

March 1-2, 2018

June 11-12, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC, CAC III

(Pre-requisite is Professional Ethics I)

This class will provide participants with a comprehensive introduction to ethical and risk management issues related to addiction treatment and services. It will focus on three key topics: 1) ethical dilemmas encountered by addiction professionals with the use of case studies; 2) ethical decision-making strategies; and 3) risk management concepts designed to prevent ethics complaints and ethics-related lawsuits pertaining to professionals' handling of confidential information, informed consent, boundary issues and dual relationships, conflicts of interest, service delivery, supervision, consultation, referral and termination of services.

## PROFESSIONAL PRACTICE\*\*\*

7 Hours: Meets OBH CAC III requirement, Continuing Education, NBCC & NAADAC

Date: April 20, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Chaya Abrams, LPC, LAC

This training will focus on administrative supervision, organizational issues, OBH-licensed treatment agency requirements, challenges of the current treatment environment, confidentiality concerns, measuring performance treatment outcomes, role of program director, policies and procedures and other topics to be determined. In addition, the expectations of the addiction professional interacting with other mental health professionals in treatment settings as well as in the community will be explored.



## RELATIONSHIP “TANGO”

7 Hours: Continuing Education, NBCC & NAADAC

Date: February 19, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Learn to recognize and navigate repetitive patterns in your life and how that relates to decisions within your family, work and love relationships. In this class, we will learn to understand how and why masculine and feminine energies influence your decisions and actions. Find clarity, rhythm and balance in the lead/follow “dance” of life.

## THE ROLE OF NUTRITION IN BEHAVIORAL HEALTH

7 Hours: Continuing Education, NBCC & NAADAC

Date: April 24, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Jean Armour, MA, LPC, BSN, CAC III

This class focuses on the body's need for specific nutrients, problem areas that may develop as a result of nutritional deficiencies, and the importance of feeding the body what it needs in order to repair potential damage from the use of substances. How the body uses nutrients will be discussed, including how the cells select from the available nutrients the ones they need to perform their role of maintaining health. This class lays a framework for teaching clients about self-care in their recovery process.

**“We now offer online registration! Please visit our website at [denver-health.org/bhstraining](http://denver-health.org/bhstraining) to register for your classes.”**

## **SUICIDE AND HOMICIDE ASSESSMENT AND INTERVENTION**

7 Hours: Continuing Education, NBCC & NAADAC

Date: May 14, 2018

Cost: \$80

Time: 8:00AM-04:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

What do you do when a client may be suicidal or homicidal? Don't panic! This class will equip counselors with the skills on how to identify if a patient may be at risk and how to respond. Students will learn a logical sequence of what to do when someone may be suicidal or homicidal and how to quickly formulate a plan to keep their client safe. Our goal for students at the end of this class: Don't be afraid.

**“We welcome new trainers! If you are a qualified trainer and are interested in training at our facility, please contact Whitney Guzman at 303-436-3570.”**

## **TRAUMA INFORMED CARE WITH DIVERSE POPULATIONS\*\***

14 Hours: Meets OBH CAC II Requirement, Domestic Violence, Continuing Education, NBCC & NAADAC

Date: March 19-20, 2018

Cost: \$140

Time: 8:00AM-4:30PM

Trainer: Chaya Abrams, LPC, LAC

This class will introduce the counselor to the concept of trauma-informed care, an approach that is being adopted more frequently within the human services fields based upon an increased awareness of the ways in which trauma impacts functioning. It will describe and define what trauma informed care is and ways in which a traditional treatment setting can be modified to increase the sense of safety experienced by consumers. Students will learn how to incorporate trauma-informed practices into treatment with diverse populations, such as military veterans, women, people with co-occurring disorders and other groups.

## **VERBAL DE-ESCALATION**

7 Hours: Continuing Education, NBCC & NAADAC

Date: January 31, 2018

Cost: \$80

Time: 8:00AM-4:30PM

Trainer: Tracy L. Hutchinson, LPC, MAC, CAC III

Strategies for dealing with escalating clients, using awareness, verbal skills, and non restraining physical protective maneuvers. We will be addressing the components and process of escalation, debriefing and teaching moments, as well as counselor self care.



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## **COLORADO ASSOCIATION OF ADDICTION PROFESSIONALS (CAAP/NAADAC)**

The Colorado Association of Addiction Professionals (CAAP) is an association of concerned professionals seeking to improve the quality of substance abuse and other addiction treatment services through education, training, and advocacy. CAAP is open to all professionals and students who care about the addiction treatment field and its future. CAAP sponsors conferences and advocates for quality treatment services provided by addiction counselors. Founded in 1984 as Colorado Addiction Counselors, CAAP formally affiliated with NAADAC: The Association for Addiction Professionals. Membership in NAADAC is automatically membership in CAAP. For more information or a membership application you can call 303-763-7198 or visit <http://www.caap.us/>

## **PROBLEM GAMBLING COALITION OF COLORADO (PGCC)**

PGCC is an organization of concerned citizens and industry representatives dedicated to prevention and treatment of compulsive gambling through education and legislative action. For information or membership, call (303) 662-0772 or e-mail [co@enpgambling.org](mailto:co@enpgambling.org)

## **EMPLOYMENT OPPORTUNITIES**

Behavioral Health Services Department (Denver Health and Hospitals) programs are accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and licensed by the Office of Behavioral Health (DBH). BHS programs treat alcohol, drug, mental health, and dual diagnosis clients. Denver CARES is a full-service detoxification treatment program serving adults and adolescents. As part of the Denver Health system, clients with mental health or substance abuse issues have access to one of the most extensive medical and psychiatric resource networks available.

If you are interested in working for one of our addiction treatment programs, you must apply for the specific job position title (see below). Call the job line (303) 436-7151 to check on current job openings, or visit our online career center at [www.denverhealth.org](http://www.denverhealth.org). There are also opportunities available through Denver Health on a volunteer basis. Please call (303) 602-2926 to speak with someone regarding volunteering.

## **ADDICTION COUNSELOR POSITIONS:**

Full or part time positions include: Addiction Counselor II and III (require a degree or equivalent experience and a CAC respectively within one year of employment). Other non-counseling positions are available such as Psych Tech, Registered Nurse, etc.





**DENVER HEALTH™**  
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 FOR LIFE'S JOURNEY

**Behavioral Health Training/Denver CARES**  
 1155 Cherokee Street, Room 265 Denver, CO 80204  
 Phone (303) 436-3570 Fax (303) 436-4023  
 Course Registration Form

**Student Name**

Last Name:

First Name:

Employer:

Date of Birth (for transcripts):

Billing Address (must match credit card billing address):

City, State:  ZIP Code:

Employee Home Phone:  E-mail Address:

Alternate Phone Number:

**Course Registration**

Course Title:  Course Title:

Dates:  Dates:

Credit Card Number (Visa, MC, AMEX or Discover):  Exp Date:

Payment Amount:  3 Digit Code (on back of card):

Signature:

\*Other forms of payment are also accepted. Should you choose to use another form of payment, please indicate it on the form and make arrangements with Whitney by emailing [Training@dhha.org](mailto:Training@dhha.org) or by calling (303) 436-3570.

**To be completed by Denver CARES Training Department:**

Received by:

Date received:

**Questions**

Any questions may be answered by calling 303-436-3570.

**Payment Requirement:**

Full payment is required at the time of course registration unless other arrangements have been made by the administrator.

**Registrations:**

Registrations are accepted on a first-come, first serve basis. Some classes may have maximum limits.

**Forms can be submitted via:**

Some classes may have minimum enrollment limits in order to conduct the class. Should the minimum enrollment be insufficient, the class may be cancelled and you will be notified within 3 business days of class date. Should a class be cancelled, you will be given a full refund, or you may elect to enroll in another class.

e-mail: [training@dhha.org](mailto:training@dhha.org)

Fax: (303) 436-4023

1155 Cherokee St., Rm 265

Denver, CO 80204

**Cancellation Requirements:**

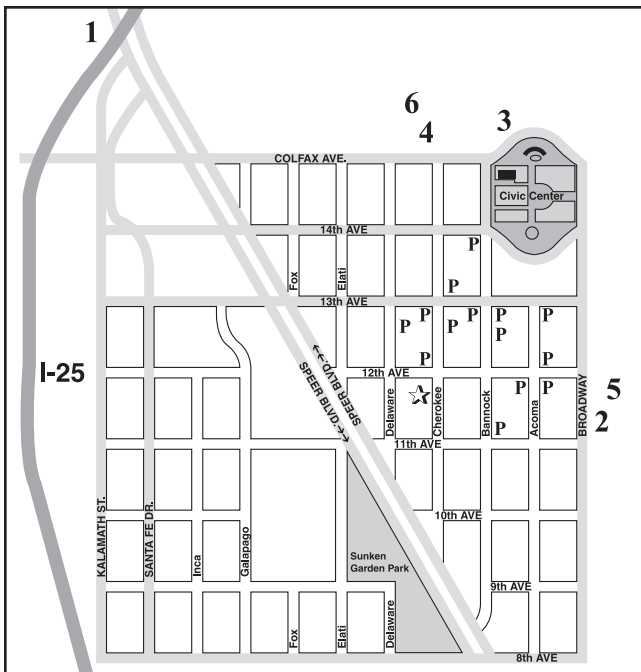
Should you need to cancel a class, seven business days prior to the class date is required in order to receive a full refund. Cancellations received after the seven business days will not be refunded under any circumstances. Credits will be issued at the discretion of the training department. Due to limited class size, some classes are non-refundable and non-transferrable. Addiction Counseling Skills, Advanced Motivational Interviewing, Clinical Supervision 1, Clinical Supervision 2, and Group Counseling Skills are non-transferrable and non-refundable. All cancellations must be submitted on the "Cancellation Form" located in the training office.



**DENVER HEALTH™**  
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 DENVER CO  
 PERMIT NO. 00174

Behavioral Health Services Training Center  
 MC 3440  
 1155 Cherokee Street  
 Denver, CO 80204



**DIRECTIONS TO DENVER TRAINING LOCATION:**

1155 Cherokee Street, Denver, CO 80204

**FROM THE NORTH**

I-25 to Speer Exit  
 South on Speer Blvd. to 11th Ave.  
 left 2 blocks to Cherokee  
 left 1/2 block to 1155 Cherokee

**FROM THE EAST**

8th Ave. to Speer Blvd. to Cherokee or  
 11th Ave to Cherokee  
 right 1/2 block to 1155 Cherokee

**FROM THE SOUTH**

I-25 to exit 209A, East 6th Ave.  
 2 lights to Santa Fe  
 left to 11th Ave.  
 right 4 lights to Cherokee  
 left 1/2 block to 1155 Cherokee

**FROM THE WEST**

6th Ave. East (See south above) or  
 Colfax to Speer Blvd. (See north above)

**AREA PARKING**

Parking lots (\$3 and up) are indicated by a “P” on map. Two hour street parking is available in front of our building.

**ACCOMMODATIONS**

For those from out-of-town desiring affordable accommodations with easy access: (See Map)  
 All accommodations are within walking distance except #1. (Unless you would like to walk about 2 miles)

- |                                 |   |                                 |
|---------------------------------|---|---------------------------------|
| 1. Continental, 303-433-6677    | 4. Denver Marriott City Ctr., 303-297-8893  | 7. Brown Palace, (303) 297-3111 |
| 2. Broadway Plaza, 303-893-0303 | 5. Capital Hill Mansion (B&B), 303-839-5221 |                                 |
| 3. Comfort Inn, 303-296-0400    | 6. Holiday Inn Downtown, 303-573-1450       |                                 |