



GETTING READY FOR THE CAPSULE PROCEDURE

A

Plan Ahead Call **303-602-1926** if you have questions or need to schedule or change your appointment

- Your appointment is at Denver Health Outpatient Medical Center, Pavillion L, 660 N. Bannock St., 3rd floor. Patient/Visitor Parking is located behind the building.
- You will come to the GI Lab to take the capsule and then again to return the capsule once you have passed the capsule from your body and retrieved it.

B

3 days before the Capsule procedure

- Stop taking iron supplements.

C

The day before the Capsule procedure

- Stop taking antacids (Tums, Rolaids), Pepto-Bismol, and Carafate.
- You may eat a regular breakfast in the morning.
- Avoid any fluids that are red.
- NO SOLID FOOD, just clear liquid 18 hours prior to procedure.

D

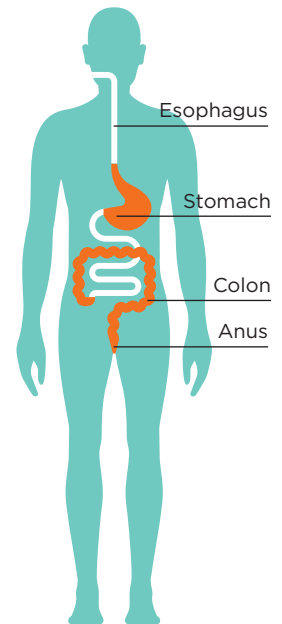
The day of the Capsule procedure

- No food or water 6 hours before the procedure.
- 2 hours after the capsule has been swallowed, you may now resume drinking clear liquids.
- After 1 p.m., you can eat a light snack
- Eat normally for dinner

E

8-72 hours after the Capsule procedure

- The capsule will typically take 8-48 hours to pass, if you haven't passed the capsule after 72 hours contact the GI Lab.
- Follow the instructions for getting your capsule once it is passed and return it to the GI Lab.



GI LAB

Denver Health
Outpatient Medical
Center, Pavillion L
660 N. Bannock St.
3rd floor

303-602-1926