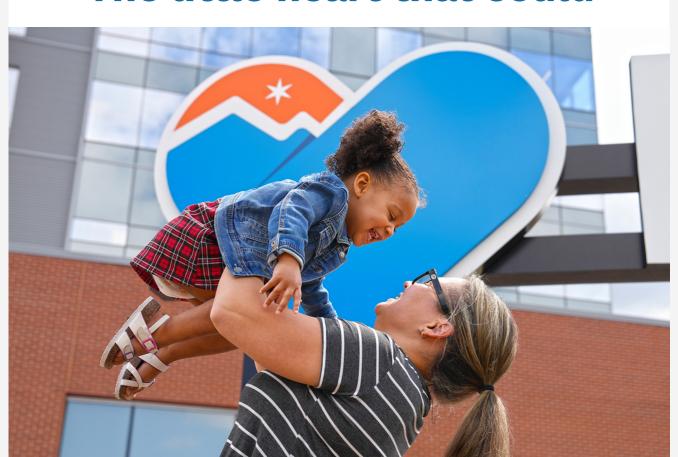


## DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

June 2025

## The little heart that could



After surviving two heart surgeries as an infant, 2-year-old Cavi Butler has her whole life ahead of her. She will be at the American Heart Association's Heart Walk on June 21 with her mom and grandmother. Read their story and sign up to walk with Denver Health's team to support heart health.

Read more



<u>Traveling abroad this summer?</u>
<u>Plan ahead to protect yourself</u>



From loss to leadership: Dr. Randy Miles and the power of purpose



<u>Grip strength and your health — it</u> <u>matters more than you might think</u>



What would you do with \$100,000 for substance use recovery efforts?



## DENVER HEALTH... est. 1860

FOR LIFE'S JOURNEY

Don't miss the chance to share your perspectives, motivations and needs from health care systems by completing <u>our community survey</u>. Participation is anonymous, but you can choose to be entered into a drawing to receive a \$250 gift card.

with helpful insights as we look to become the most trusted health care provider in Colorado.

The results of this survey will guide future decision-making and provide us

All surveys are due by Friday, June 6.

Denver Health 2025 survey

Careers at

Denver Health

Make an

Appointment

Sign up for MyChart















