



DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

January 2026

A bundle of joy and 2,026 diapers



Oulahni Flores surprised her family when she was the first baby born at Denver Health in 2026, arriving two weeks early. Her family received another surprise, 2,026 diapers, for their new baby girl, a gift from the Hello, Little One program, which provides essential supplies to every newborn.

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Ten months after he was shot in the neck, Ben Varga visited Denver Health on his 24th birthday, celebrating life and calling for an end to gun violence.

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