



# DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

May 2026

## Hesty prepares to welcome little one



Hesty the orangutan is expecting her first baby this month at the Denver Zoo. Denver Health doctors who helped repair Hesty's broken arm and foot in 2024 made a recent follow-up visit and brought a special bag with them.

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## Donate to Hello, Little One at drive-thru baby shower Saturday

This Mother's Day weekend, the Hello, Little One drive-thru baby shower will bring together the community and collect donations to support newborns and their parents. Hello, Little One ensures every baby born at Denver Health receives essentials for a safe and healthy start.



[Make a financial gift](#)

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[Peña clinic celebrates 10 years of trusted care in southwest Denver](#)

[Early vaccination helps babies stay protected against hepatitis B](#)

## After crash, coach offers support at Trauma Survivors Fun Run



Garritte Hitchens is still recovering from the long-term effects of a crash in 2020 that brought her to Denver Health's Emergency Department. She plans to share her journey at the Trauma Survivors Fun Run 5K and 1-mile walk on June 6. To sign up for the free, family-friendly event, [click here](#).

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