

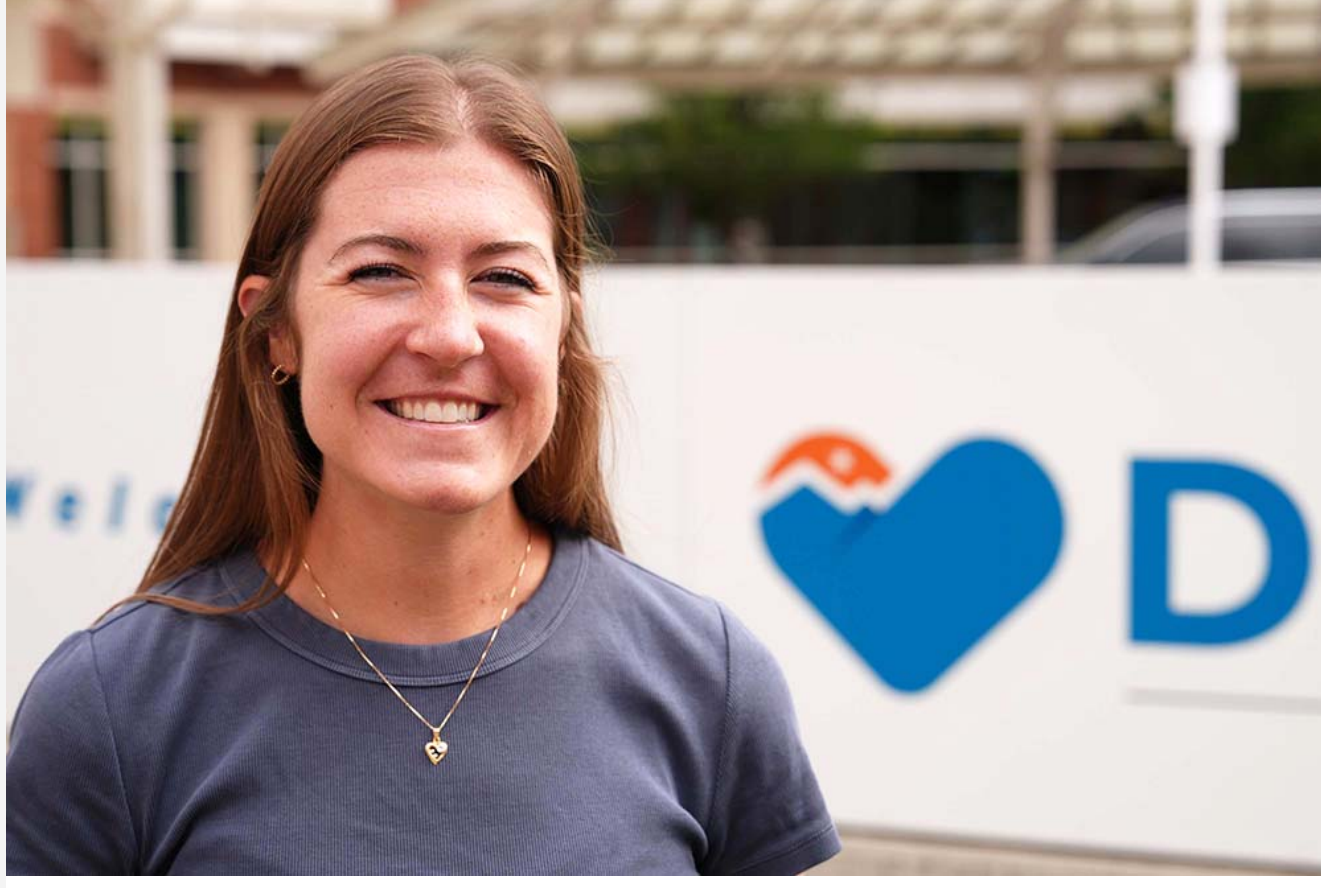


# DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

September 2026

## The day Molly's heart stopped



Molly Onders went for a run and woke up days later at Denver Health, where she learned her heart had stopped on the Platte River Trail. A stranger, first responders and teams at Denver Health gave the 28-year-old a second chance at life.

[Read more](#)

## Beloved pet therapy duo retires

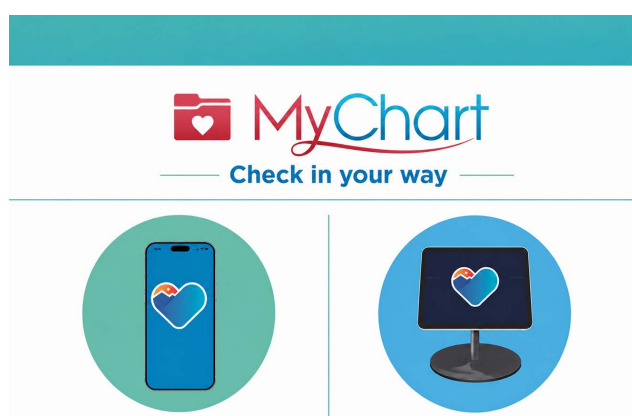


For more than a decade, therapy dog Remy and volunteer Eric Hoff brought comfort, smiles and joy to patients and staff across Denver Health. Now, as the beloved duo retires, Hoff looked back on their time together and shared the story of how Remy got the nickname “the dog who wakes the dead.”

[Read more](#)



[Behavioral health support grows for students in Denver Public Schools](#)



[Scheduling appointments, checking in made simpler, all with a few taps](#)

## Denver Health values your input

We invite you to take a few minutes to share your perspective. Denver Health has been serving the Denver community for generations, and we know that the experiences, ideas and aspirations of patients, staff, neighbors, partners and community members are important voices as we plan for the future. This [five-minute survey](#) is an opportunity to tell us what you value most about Denver Health today, what challenges you see and what you would like to see in the future. Your feedback will help Denver Health better understand community priorities and inform future planning and decision-making. Thank you for contributing your time and insights.

[Take the survey](#)

## Suicide Prevention Awareness Month

Plant your message and help hope grow in Denver Health's Garden of Hope



SCAN TO SHARE YOUR MESSAGE



[DENVERHEALTH.ORG/GARDENOFHOPE](https://denverhealth.org/gardenofhope)

## Share messages of hope this September

September is Suicide Prevention Awareness Month, and Denver Health's Zero Suicide Committee is collecting messages of hope from staff, patients and community members all month long. Think of an uplifting message to share for someone in their toughest moments, and take in some words of encouragement from your neighbors. [Share yours today.](#)

[Read 'Stories in Black and White'](#)

“[Stories in Black and White](#)” features real people affected by the opioid crisis and overdose epidemic. Denver Health patients, peer support specialists, and advisory members for the [Center for Addiction Medicine's](#) Community Advisory Meeting shared these stories, and you can see the exhibit in person throughout September. [Click here to learn more.](#)

**Substance Treatment Line a vital community resource**

The [Substance Treatment Line](#) helps people grappling with substance use disorders, as well as their loved ones and healthcare providers. Recognizing the urgent need for support, this phone line, **303-436-5711**, offers a gateway to essential resources and guidance.

[Careers at Denver Health](#)

[Make an Appointment](#)

[Sign up for MyChart](#)



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