

DISCHARGE FROM DENVER HEALTH HOSPITAL TO SOBRIETY HOUSE

Results of a Retrospective Cost Analysis



Sobriety House, Inc. (SoHo) is a state licensed, non-profit drug/alcohol treatment center that offers high quality & effective services through an extensive continuum of care to support clients in lifelong recovery, regardless of ability to pay.

- Denver Health and SoHo have partnered since 2019 to discharge eligible patients to intensive residential treatment (IRT) from the hospital.
- In 2023, the Caring for Denver Foundation funded a project to lease two SoHo IRT beds for Denver Health patients.

Patient is admitted to Denver Health inpatient unit

Patient fits criteria and expresses interest in residential treatment

Patient is discharged to Sobriety House IRT program

Relevant Costs

Inpatient Hospital Day in CO



\$3,600

Emergency Department Visit in CO



\$1,200

SoHo IRT Daily Cost



\$300

Readmissions within 30 days are 12.4% higher cost



A program evaluation examined Denver Health patients eligible for IRT and utilization of the DH hospital and ED 6-months after hospital discharge. Compared to patients not referred to SoHo AND patients not completing SoHo's IRT program, **patients completing IRT at SoHo had fewer ED visits, hospital days, and lower average hospital-related costs.**

Average 6-month Hospital Costs by Group

Not Referred to IRT (n=185)

\$16,702

Incomplete IRT Treatment (n=6)

\$14,535

Complete IRT Treatment (n=19)

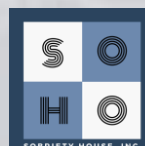
\$4,889

The partnership appears to reduce avoidable hospital costs and promote recovery stability!



DENVER HEALTH
CENTER FOR ADDICTION MEDICINE

Questions? Reach out to CAMKnowledgeManagement@dhha.org



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