



DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

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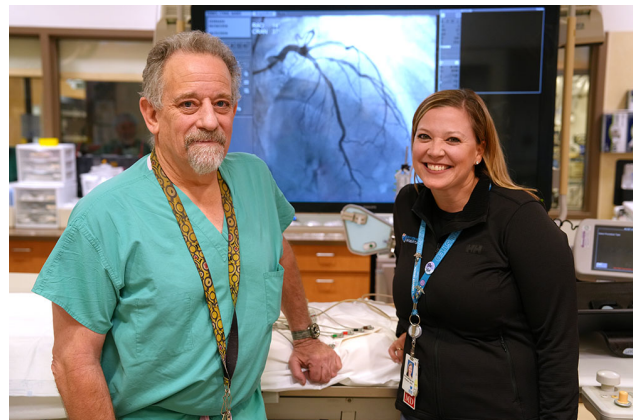
After a gardening accident nearly cost Dione Benson a finger, the care that she received changed how she saw Denver Health. Inspired to give back to the community, she volunteers with the [Hello, Little One program](#) to support moms and new babies.

As her babies grew in NICU, so did she



Nearly four years after her twins left Denver Health's NICU, Tasneem Hamdan returned with two healthy preschoolers. Inspired by the nurses who cared for her family, she hopes to come back one day as a NICU nurse herself.

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